



EST. 2024

One80sports

Turn Your Game Around

Benefits of Choosing One80sports Classes

Engaging and Educational: Classes are crafted to be both enjoyable and instructive, ensuring that children learn valuable sports skills while having fun.

Experienced Coaching: Our professional coaches create a positive, encouraging atmospheres for all participants.

Flexible Scheduling: Weekly sessions are designed to fit seamlessly into family schedules.

Affordable Pricing: At \$60 per athlete per session, our programs offer exceptional value for high-quality instruction.

ALL ONE80SPORTS CLASSES ARE HELD AT THE VILLA PARK RECREATION CENTER UNLESS INDICATED



One80sports

At One80sports, we are committed to igniting a passion for sports in young athletes while focusing on both fun and fundamental skill development. Our engaging programs are designed to build foundational athletic skills, foster teamwork, and promote a lifelong love of physical activity. We are excited to partner with local park districts and recreation departments to offer a range of youth sports classes.

One80sports Parent-Tot Sports

A fun, high-energy introduction to sports for your young athletes. Focus on developing motor skills, coordination, and confidence while introducing new sports. Parents actively participate, helping their child build strength, agility, and a love for movement.

AGES: 2-3

\$60 5 CLASSES

VILLA PARK RECREATION CENTER

M	4:30-5:00 pm	Jan 12-Feb 9
M	4:30-5:00 pm	Feb 23-Mar 23
W	4:30-5:00 pm	Apr 15-May 13

One80sports Beginner Soccer

Introduces young children to soccer with playful exercises that develop dribbling, passing, and footwork skills. The focus is on enhancing coordination and enjoying the game.

AGES: 4-6

\$60 5 CLASSES

VILLA PARK RECREATION CENTER

M	5:15-5:45 pm	Jan 12-Feb 9
M	5:15-5:45 pm	Feb 23-Mar 23



One80sports Intro T-Ball

Introduction to America's pastime. Participants will learn how to catch, throw, and hit off a tee using age-appropriate equipment.

AGE: 3-5

\$60 5 CLASSES

VILLA PARK RECREATION CENTER

W	4:30-5:00 pm	Jan 14-Feb 11
W	4:30-5:00 pm	Feb 25-Mar 25

One80sports Intro Speed and Agility

Introduce your child to the importance of speed and agility training. Speed and agility training is essential for athletes across various sports, enhancing performance by improving quickness, coordination, and overall athletic ability. This type of training focuses on the body's ability to move efficiently and rapidly in different directions, which is critical for success in competitive environments

AGE: 6-12 (New age group)

\$60 5 CLASSES

VILLA PARK RECREATION CENTER

W	5:15-6:00 pm	Jan 14-Feb 11
W	5:15-6:00 pm	Feb 25-Mar 25
W	5:15-6:00 pm	Apr 15-May 13



One80sports Basics of Basketball NEW

Introduce your child to the basics of basketball with engaging drills and activities that develop hand-eye coordination, balance, and teamwork. This class uses age-appropriate equipment to teach dribbling, shooting, and basic game concepts in a fun setting.

AGE: 4-6

\$60 5 CLASSES

VILLA PARK RECREATION CENTER

M	4:30-5:00 pm	Apr 13-May 11
---	--------------	---------------

One80sports Next Level Basketball NEW

Build on foundational skills with more advanced techniques in dribbling, shooting, and passing. Participants will also work on game strategies and teamwork, all within a supportive and enjoyable environment.

AGE: 7-11

\$60 5 CLASSES

VILLA PARK RECREATION CENTER

M	5:15-6:00 pm	Apr 13-May 11
---	--------------	---------------



Indoor Turf Soccer League

January 24 - February 28

**In cooperation with FSC and P2 Soccer.
District 44 Connect Center (1514 S. Main St, Lombard, IL).**

Join an exciting, fast-paced indoor soccer league on turf fields! Over the course of 6 game days, players will kick off with a 15-minute warm-up focused on motor skills and technical development, led by a professional coach. Afterward, they'll compete in a 40-minute, 5v5 indoor match! Players can sign up individually and be placed on a team, or register with friends (subject to availability). Professional coaches will provide in-game guidance, while volunteer coaches are needed to lead teams throughout the season.

Don't miss out on the fun and developmental action!

Players will receive an FSC Indoor Soccer League Team shirt.

Fee: \$120 6 CLASSES

Ages 5-6 8:00-9:00 am

Ages 7-8 9:00-10:00 am

Registration Deadline is January 17 or until rosters are filled.



Sugar Creek Golf Course

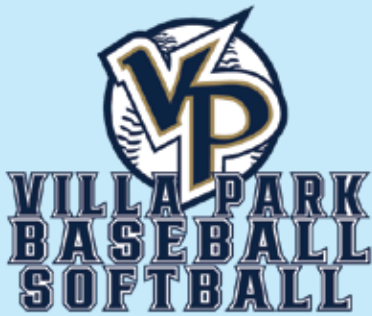
500 East Van Buren, Villa Park

2026 Sugar Creek Rates can be found on their website, sugarcreekgolfcourse.org



Reserve and prepay for your tee time online today!

Scan the QR code for the schedule and online registration.



Villa Park Youth Baseball & Softball

In-house & travel ball available

Information available at www.vpyb.com

Follow us on www.facebook.com/VPYB1

Contact: president@vpyb.com | 630-742-4097

Learn to Referee Soccer

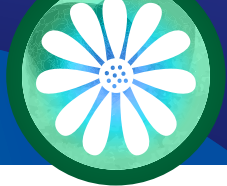
Are you interested in learning how to referee soccer?

We want to hear from you.

Please send an email to Program Supervisor

Ryan Weiler rweiler@invillapark.com to set up training.





Winter Break Volleyball Camp

Chicago Elite Youth Academy is holding a Winter Break Volleyball camp. Elevate your game in this 2-day volleyball camp. Players should wear comfortable clothes, bring a labeled water bottle, indoor athletic shoes, and kneepads.

GRADES: 2-8

\$60 2 CLASSES

VILLA PARK RECREATION CENTER

M/Tu 10:30 am-12:00 pm Dec 22-23



Chicago Elite Youth Volleyball Academy

Chicago Elite Youth Academy is a child development program created to both introduce children to the game of volleyball, as well as continue to improve their individual skill development in the sport. Chicago Elite classes develop important volleyball skills such as passing, setting, attacking, blocking, serving, defense, and movement. Players will be divided according to both skill level and age and challenged accordingly. Players should wear comfortable clothes, bring a labeled water bottle, indoor athletic shoes, and kneepads.

\$100 4 CLASSES

VILLA PARK RECREATION CENTER

GRADES: 2-5

Th 4:00-5:00 pm Mar 5-26

Th 4:00-5:00 pm Apr 9-30

GRADES: 6-8

Th 5:00-6:00 pm Mar 5-26

Th 5:00-6:00 pm Apr 9-30



Spring Break Volleyball Camp

Chicago Elite Youth Academy is holding a Spring Break Volleyball camp. Elevate your game in this 3-day volleyball camp. Players should wear comfortable clothes, bring a labeled water bottle, indoor athletic shoes, and kneepads.

GRADES: 2-8

\$90 3 CLASSES

VILLA PARK RECREATION CENTER

Tu/W/Th 9:30-11:00 am Apr 1-3

NEW

Spring Break Dodgeball Tournament

Grab your friends and form a team for our new one-day dodgeball tournament! Teams will consist of 6 players on the court at a time, with up to 7 players max per team. Teams are guaranteed 6 games in a round-robin format with the top 6 teams in each division advancing to a playoff bracket. Check-in will be 30 minutes before each age group's start time. All teams aged 18 and under will need a team parent present. 9 teams max per division.

AGES: 7 and older

\$50/TEAM 1 DAY TOURNAMENT

VILLA PARK RECREATION CENTER

Sa 8:00-10:40 am Apr 19

Ages: 7-10

Sa 10:50 am-1:30 pm Apr 19

Ages: 11-14

Sa 1:40-4:20 pm Apr 19

Ages: 15-18

Sa 4:30-7:10 pm Apr 19

Ages: 19 and older



Ultimate Futsal League

Ultimate Futsal brings a fun, fast-paced soccer program open to all players right here in Villa Park! You will learn how to play Futsal in this 8-week introductory program. Futsal sharpens reflexes, requires fast decision making, and involves very little time on the sidelines, which is why it's becoming a favorite with soccer players. Certified Futsal coaches will spend the first part of each class teaching Futsal skills, then each class will end in a Futsal scrimmage! This program promises to be a great option for all soccer and Futsal players, but also for those looking to try something new. One hour per week includes a 20-minute practice, followed by 2v2, 3v3, 4v4, or 5v5 Futsal games. This program uses weighted balls that ensure the ball stays on the ground.

- Shin guards are required
- No Cleats; Indoor athletic shoes required on the gym floor
- Bring athletic shoes and change into them inside the building

\$99 7 CLASSES

JACKSON MIDDLE SCHOOL

AGES: 6-8

M 6:30-7:30 pm Jan 12-Mar 9

AGES: 9-12

M 7:30-8:30 pm Jan 12-Mar 9



Villa Park Club Soccer - Academy

Looking for some extra soccer development for your player? Villa Park Club Soccer Academy players will receive professional soccer training which focuses on the motor-skill development, technical fundamentals, and introductory tactical principles of soccer. The groups will participate in one 1-hour practice per week in addition to being offered the opportunity of weekly scrimmages involving other local organizations, and opportunities to play scrimmages versus other soccer clubs. Players are encouraged to participate in both Villa Park Recreation Soccer and Villa Park Club Soccer Academy.

AGES: 6-12

\$125 10 CLASSES

TWIN LAKES SOCCER FIELD

W & F 5:00-6:00 pm Apr 22-May 22



Tot Learn To Skate

Skaters will learn to fall and get up the proper way, march, dip, glide, rocking horses, and snowplow stops. Gloves & helmets are mandatory for Tot skaters. Skate rental is available for \$4.00 per class.

AGES: 3-5

\$140 7 CLASSES

NO CLASS 1/16, 1/17, 4/3, 4/4

ADDISON ICE RINK 475 S GRACE ST, ADDISON, IL 60101

F 4:50-5:30 pm Jan 9-Feb 20

F 4:50-5:30 pm Feb 27-Apr 24

Sa 9:30-10:10 am Jan 10-Feb 21

Sa 9:30-10:10 am Feb 28-Apr 25



Instructional Skating

Basic 1/2 skaters will learn beginning skating skills to work on comfort, ability on the ice. Gloves & helmets are highly recommended. Skate rental is available for \$4.00 per class.

AGES: 6 and older

\$150 7 CLASSES

NO CLASS 1/16, 1/17, 4/3, 4/4

ADDISON ICE RINK 475 S GRACE ST, ADDISON, IL 60101

F 4:50-5:40 pm Jan 9-Feb 20

F 4:50-5:40 pm Feb 27-Apr 24

Sa 9:30-10:20 am Jan 10-Feb 21

Sa 9:30-10:20 am Feb 28-Apr 25



Spring Co-Ed Youth Volleyball League

NEW

We are excited to be joining the intervillage volleyball league with surrounding park districts. There will be 5th/6th and 7th/8th grade divisions. If there are not enough registrations to make boys/girls teams, they will be combined.



Open Registration Deadline: Friday, March 6.

Registrations after March 6 must be approved by Program Supervisor.

Season Dates: March 17-May 12, 2026

- 6-game season against intervillage teams, with a post season tournament.
- One weeknight practice per week.
- First day of Saturday games is April 4, 2026. Weeknight practices begin week of March 24, 2026.

Volleyball levels based on Current 2025-2026 School Grade
Grades 5-6 Girls
Grades 5-6 Boys
Grades 7-8 Girls
Grades 7-8 Boys

Villa Park Youth Soccer League | Spring 2026 Soccer Registration



Early Discounted Registration \$80 - Monday, January 5 - Wednesday, March 18

Open Registration \$90 - Thursday, March 19 - Friday, March 27

Registration after March 27 accepted only with the approval of the Program Supervisor.

Seven Saturdays of game play:

April 11-May 30 (no games 5/23)

Soccer Levels Based on Current 2025-2026 School Grade

4-year-old Preschool-K

Grades 1-2

Grades 5-6

Grades 3-4

Grades 7-8

- One hour evening weekday practice is scheduled based on volunteer coach availability starting Monday, April 6
- Grades 5-6 and 7-8 participate in the Mid Suburban Soccer League and play teams from Addison, Bensenville, Bloomingdale, Downers Grove, Glendale Heights, Itasca, Medinah, Roselle, and Wood Dale. Games will be played in Villa Park and in the participating communities.
- Teams are co-ed (boys and girls) and are determined on a random basis.
- Players must purchase a reversible blue/yellow jersey for \$21 to wear on game days. Can use jersey from previous sessions.
- Shin guards should be worn under socks. Plastic cleats are recommended.

Carpool/teammate/coach requests will try to be accommodated.

BE A VOLUNTEER COACH

Villa Park Youth Leagues is about learning how to play and having fun!

The success of Villa Park Youth Leagues depends on the dedication and generosity of volunteer coaches. New coaches are welcome. Experience is helpful, but not necessary.

- A coach is a positive role model encouraging and demonstrating sportsmanship, safety, patience, and enthusiasm.
- A coach is a sincere, caring individual who can share two hours a week for practices and games.
- Volunteer Coaches must be 18 years of age to coach without an adult chaperone.
- The Village of Villa Park requires that all coaches participate in a screening process that includes a criminal background check.

Volunteer Coaches receive a registration credit that can be used to register yourself or your child for a future recreation program.

Volunteer Coaching Applications are available online at invillapark.com/volunteercoaching
If you have any questions regarding Villa Park Youth Leagues, please contact Ryan Weiler at rweiler@invillapark.com.