



Parks & Recreation is proud to partner with Tumbling Times Gymnastics in Addison to provide you with an elite gymnastics training center.



Their mission is to build confidence, courage, strength and self-control in a fun and safe environment. All classes are held at Tumbling Times Gymnastics, 400 Rohlwing Road, Addison.

SESSION 1

January 5 - February 14
(6 Weeks)

SESSION 2

February 16 - March 28
(6 Weeks)

SESSION 3

April 6 - May 16
(6 Weeks)

Parent-Tot Gymnastics

AGES: 18 mos-3 years

Over, under, forward, and back; there's an adventure in every class. With the help of parents, children will explore the four areas of gymnastics (bars, beam, vault, and tumbling). Participants will learn skills related to jumping, skipping, rolling, climbing, and balancing.

Tiny Times Gymnastics

AGES: 3-4

Children will learn body position as well as beginning skills on the bars, floor, springboard, and balance beam. All participants must be toilet independent and be able to follow directions without the help of a parent.

Ninja Warrior

AGES: 5-12

Challenge your inner ninja with our Ninja Warrior class. Ninjas will gain endurance and strength with our Ninja Warrior obstacle courses. Climb, crawl, jump, flip, hang, and swing your way through a different course each week.

Super Times Gymnastics

AGES: 5-6

The gymnastics adventure continues. Swinging, rolling, jumping, and balancing, children will learn skills on the bars, floor, springboard, and balance beam. All participants must be potty trained and be able to follow directions without the help of a parent.

Beginner Level 1

AGES: 6-14

Participants learn skills on the traditional gymnastics events, including tumbling, bars, vault and beam, all in a controlled environment. Children who have never been in a gymnastics class before should enroll in Beginner 1.

Beginner Level 2

AGES: 7-14

Participants master the skills developed in Beginner 1, while learning new skills on floor, bars, beam, and vault. Children who have previously taken gymnastics classes may sign up for Beginner 2 but must demonstrate the required skills of a Level 2 gymnast.

Beginner Level 3

AGES: 7-14

Participants master the skills developed in Beginner 2, while learning new skills on floor, bars, beam, and vault. This class is for children working on front walkovers and starts of flip flops. Children who have previously taken gymnastics classes may sign up for Beginner 3 but must demonstrate the required skills of a Level 3 gymnast.

Tumbling 1 & 2

AGES: 6-14

Tumblers will learn progressions from forward and backward rolls, up through front and back walkovers. Continuing into Tumbling 2, tumblers who can successfully perform a back and front walkover are ready to learn back handsprings and back tucks.





Gymnastics

DAY	TIME	SESSION 1: JAN 5 - FEB 14		SESSION 2: FEB 16 - MAR 28		SESSION 2: APR 6 - MAY 16	
Parent Tot Gymnastics		6 Weeks	Fee	6 Weeks	Fee	6 Weeks	Fee
M	9:45-10:15 am	January 5-February 9	\$90	February 16-March 23	\$90	April 6-May 11	\$90
Tu	5:00-5:30 pm	January 6-February 10	\$90	February 17-March 24	\$90	April 7-May 12	\$90
W	9:30-10:00 am	January 7-February 11	\$90	February 18-March 25	\$90	April 8-May 13	\$90
Sa	8:30-9:00 am	January 10-February 14	\$90	February 21-March 28	\$90	April 11-May 16	\$90
Tiny Times Gymnastics		6 Weeks	Fee	6 Weeks	Fee	6 Weeks	Fee
M	10:30-11:15 am	January 5-February 9	\$96	February 16-March 23	\$96	April 6-May 11	\$96
M	6:45-7:30 pm	January 5-February 9	\$96	February 16-March 23	\$96	April 6-May 11	\$96
Tu	10:15-11:00 am	January 6-February 10	\$96	February 17-March 24	\$96	April 7-May 12	\$96
W	10:15-11:00 am	January 7-February 11	\$96	February 18-March 25	\$96	April 8-May 13	\$96
W	5:30-6:15 pm	January 7-February 11	\$96	February 18-March 25	\$96	April 8-May 13	\$96
Sa	9:10-9:45 am	January 10-February 14	\$96	February 21-March 28	\$96	April 11-May 16	\$96
Sa	10:30-11:15 am	January 10-February 14	\$96	February 21-March 28	\$96	April 11-May 16	\$96
Ninja Warrior		6 Weeks	Fee	6 Weeks	Fee	6 Weeks	Fee
F	5:00-5:40 pm	January 9-February 13	\$85	February 20-March 27	\$85	April 10-May 15	\$85
Super Times Gymnastics		6 Weeks	Fee	6 Weeks	Fee	6 Weeks	Fee
M	10:30-11:15 am	January 5-February 9	\$96	February 16-March 23	\$96	April 6-May 11	\$96
M	6:45-7:30 pm	January 5-February 9	\$96	February 16-March 23	\$96	April 6-May 11	\$96
Tu	10:15-11:00 am	January 6-February 10	\$96	February 17-March 24	\$96	April 7-May 12	\$96
W	10:15-11:00 am	January 7-February 11	\$96	February 18-March 25	\$96	April 8-May 13	\$96
W	5:30-6:15 pm	January 7-February 11	\$96	February 18-March 25	\$96	April 8-May 13	\$96
Sa	9:15-10:00 am	January 10-February 14	\$96	February 21-March 28	\$96	April 11-May 16	\$96
Sa	10:30-11:15 am	January 10-February 14	\$96	February 21-March 28	\$96	April 11-May 16	\$96
Beginner Level 1		6 Weeks	Fee	6 Weeks	Fee	6 Weeks	Fee
M	4:30-5:30 pm	January 5-February 9	\$102	February 16-March 23	\$102	April 6-May 11	\$102
M	5:40-6:40 pm	January 5-February 9	\$102	February 16-March 23	\$102	April 6-May 11	\$102
Tu	4:15-5:15 pm	January 6-February 10	\$102	February 17-March 24	\$102	April 7-May 12	\$102
W	4:30-5:30 pm	January 7-February 11	\$102	February 18-March 25	\$102	April 8-May 13	\$102
W	5:40-6:40 pm	January 7-February 11	\$102	February 18-March 25	\$102	April 8-May 13	\$102
Sa	10:10-11:10 am	January 10-February 14	\$102	February 21-March 28	\$102	April 11-May 16	\$102
Beginner Level 2		6 Weeks	Fee	6 Weeks	Fee	6 Weeks	Fee
M	4:30-5:30 pm	January 5-February 9	\$102	February 16-March 23	\$102	April 6-May 11	\$102
M	5:40-6:40 pm	January 5-February 9	\$102	February 16-March 23	\$102	April 6-May 11	\$102
Tu	4:15-5:15 pm	January 6-February 10	\$102	February 17-March 24	\$102	April 7-May 12	\$102
W	4:30-5:30 pm	January 7-February 11	\$102	February 18-March 25	\$102	April 8-May 13	\$102
W	5:40-6:40 pm	January 7-February 11	\$102	February 18-March 25	\$102	April 8-May 13	\$102
Sa	11:10 am-12:10 pm	January 10-February 14	\$102	February 21-March 28	\$102	April 11-May 16	\$102
Beginner Level 3		6 Weeks	Fee	6 Weeks	Fee	6 Weeks	Fee
Sa	10:15-11:45 am	January 10-February 14	\$162	February 21-March 28	\$162	April 11-May 16	\$162
Tumbling 1		6 Weeks	Fee	6 Weeks	Fee	6 Weeks	Fee
Tu	5:20-6:15 pm	January 6-February 10	\$102	February 17-March 24	\$102	April 7-May 12	\$102
Tumbling 2		6 Weeks	Fee	6 Weeks	Fee	6 Weeks	Fee
Tu	5:20-6:15 pm	January 6-February 10	\$102	February 17-March 24	\$102	April 7-May 12	\$102