

2025 Fall/Winter

Programs &
Events Guide



Scarecrow
Decorating
Contest 2024
Winner



Scan Here To Register



invillapark.com

320 E. Wildwood Avenue • Villa Park, IL 60181 • 630-749-3200



Villa Park Recreation Center (VPRC) 320 E. Wildwood Avenue

VPRC is a 35,000+ sq. ft. building, ADA compliant with an elevator to the second floor! The recreation center offers a variety of activities to support your fitness and wellness goals and to stay active and healthy at VPRC!

VPRC Fitness Center Memberships and Track Only Memberships

Fitness center memberships include access to the fitness center, indoor elevated track, open gym, stretching area, shower and locker rooms and the rooftop terrace. Individual, Youth and Family Memberships are available.

We offer flexible operating hours to fit your busy schedule.

Hours of Operation

Monday - Friday 5:30 am - 9 pm
Saturday - Sunday .. 7 am - 6 pm

FACILITY AMENITIES

Fitness Center

The Fitness Center features state-of-the-art equipment!
See page 4 for more information and membership fees!

Indoor Elevated Track

Located on the second floor above the gym, the elevated track runs the perimeter of the upper part of the gym. We have a walking club, or you can walk on your own!
See page 4 for more information and membership fees!

Locker Rooms with Showers

Men's and Women's locker rooms with showers are conveniently located just outside the gym for easy access!

Educational Commercial Kitchen

Alongside the multi-purpose rooms, we will be offering classes to support health & nutrition, beginner and advanced cooking classes and senior programs including luncheons!

Multi-Purpose Rooms

Our multi-purpose rooms are located next to our commercial kitchen! The rooms can be set up as one large room or divided into two (2) rooms using a partition! The multi-purpose rooms are used for various programming for seniors, youth and early childhood, youth and adult cooking classes and meeting and rental space.

High School Basketball Court

The gym is a regulation high school basketball court that can be transformed into two (2) youth basketball courts or two (2) regulation volleyball courts (with adjustable net height), three (3) pickleball courts and open gym! Open gym schedules for basketball and Pickleball will be posted monthly and are available with punch-pass pricing or a daily fee! Visit athletics at the Parks & Recreation page on invillapark.com/athletics.

Early Childhood Classrooms

The early childhood classrooms are located on the first floor and are designated to early childhood, youth and preschool programs. The classrooms are securely locked during use and are equipped with two (2) children's bathrooms.

Dance/Group Fitness Studio

Our dance studio houses Villa Park Recreation's Discover Dance programs that include the Fall / Winter Recital practices and 6-week spring and summer programs. Adult group fitness classes are available at a reduced cost to Fitness Center members, and may include Cardio Strength, Nutrition and Fitness, Personal Training, Pilates, Strength Training, Stretch and Flexibility, TRX Workshops, Zumba and Zumba Gold. We also offer specialty contract fitness programs that include Monday evening Yoga and rise-and-shine fitness classes starting at 6 am!

Stretching Area

The open stretching area is located across from the Dance / Group Fitness Studio, outside the elevated track. The stretching area is equipped with hand weights, stretching bar, TRX bands and Stability Balls.

Outdoor Rooftop Terrace

The rooftop terrace will be available for leisure and programming, weather permitting.



Villa Park Fitness Center

Located within the Villa Park Recreation Center

Our team members are proud to provide a wide variety of options to help you meet your health and fitness goals. From certified personal training and group exercise classes to fitness center strength and cardio equipment, we offer something for every interest and fitness level. Access to the track is available to fitness members.

We offer free Fitness Center Orientations for Fitness Center Member! See page 34 for more details!

The VPRC Fitness Center is equipped with state-of-the-art equipment machines from Life Fitness including:

- **Shoulder Press**
- **Triceps Press**
- **Bicep Curl**
- **Chest Press**
- **Deltoid Fly**
- **Pull-down**
- **Seated Leg Curl**
- **Leg Extension**
- **Leg Press**
- **Hip Abduct/Adduct**
- **ADJ Pulley**
- **Rowing Machine**
- **Cross Trainer**
- **Upright Bike**
- **Recumbent Bike**
- **Power Mill**



Indoor Elevated Track

A VPRC Fitness Membership includes the use of the two-lane indoor track (14 laps to a mile on the outside lane and 15 laps to a mile on the inside lane) to keep you running and walking year-round, no matter the weather.

Open Gym

Scheduled Open Gyms for basketball, pickleball and volleyball are included with your VPRC Fitness Center membership. Open gym schedules are posted monthly and are available online invillapark.com/athletics.

Memberships

Fitness Center Memberships

Access to the state-of-the-art fitness center, elevated indoor track, open gym, stretching area, full service locker rooms, rooftop terrace (weather permitting) and 10% discount on group fitness classes (with a purchase of a punch pass) and designated athletic programs.

Must be 12 years of age or older to enter the fitness center.

Track Only Memberships

Use of the elevated indoor track, stretching area and locker room.

Youth (3-17 years) Memberships

Use of the elevated indoor track, stretching area, open gym, full-service locker rooms and 10% discount on designated fitness & athletic programs. The indoor elevated track may be used by anyone ages 12 and up. Children ages 3-11 may purchase a membership with a paid parent/guardian.

Online Registration

Scan QR Code or visit Parks & Recreation page at invillapark.com/registration

In-person Registration

Membership applications are currently available at VPRC.

Proof of Residency required at registration or when key fob is picked up.

Veterans looking for support can find NEDSRA Healthy Minds Healthy Bodies at www.nedsra.org/participate/veteranshmb/. Contact Ryan Weiler at rweiler@invillapark.com for more information.





Fitness Membership

FITNESS CENTER MEMBERSHIPS

Annual Membership Fees (Paid in Full)	
Resident	Rate
Adult (18-59 years)	\$275
Couple (2 adults)	\$495
Family of 3 or more <i>Two adults & one or more 12–23 years old, unmarried children residing at the same address</i>	\$638
Youth (12-17 years) (Free Mandatory Orientation)	\$200
Senior (60 years & up) / Veterans / Active Military	\$200
Non-Resident	Rate
Adult (18-59 years)	\$375
Couple (2 adults)	\$595
Family of 3 <i>Two adults & one 12–23 years old, unmarried children residing at the same address</i>	\$738
Family of 4* <i>Two adults & two 12–23 years old, unmarried children residing at the same address</i>	\$860
Youth (12-23 years) (Free Mandatory Orientation)	\$300
Senior (60 years & up) / Veterans / Active Military	\$300

**Non-resident families that have more than four family members residing at the same address will pay \$50 for each additional family member. Subsequent family members must be 12-23-year-old and unmarried residing at the same address.*

Ongoing Monthly Fee (12 monthly installments with a signed 12-month contract)	
Resident	Rate
Adult (18-59 years)	\$25
Couple (2 adults)	\$48
Family of 3 or more	\$62
Youth (12-17 years) (Free Mandatory Orientation)	\$20
Senior (60 years & up) / Veterans / Active Military	\$20
Non-Resident	Rate
Adult (18-59 years)	\$35
Couple (2 adults)	\$58
Family of 3	\$77
Family of 4**	\$88
Youth (12-17 years) (Free Mandatory Orientation)	\$30
Senior (60 years & up) / Veterans / Active Military	\$30

***Non-Resident ongoing monthly fee: Non-resident families that have more than four family members residing at the same address will pay \$10 per month for each additional family member. Subsequent family members must be 12-23-year-old, unmarried residing at the same address.*

6 Month and Quarterly Individual	
Resident	Rate
6 Months	\$175
Quarterly	\$100
Non-Resident	Rate
6 Months	\$239
Quarterly	\$136

YOUTH & TRACK MEMBERSHIPS

Youth Annual Membership (3-17 years)	
	Rate
Resident	\$50
Non-Resident	\$60

Youth Annual Membership includes open gym, elevated track, stretching area and locker rooms.

Annual Track Only Membership	
Resident	Rate
Adult (18-59 years)	\$40
Youth (3-17 years)	\$35
Senior (60 years & up) / Veterans / Active Military	\$35
Non-Resident	Rate
Adult (18-59 years)	\$85
Youth (3-17 years)	\$80
Senior (60 years & up) / Veterans / Active Military	\$80

DAILY ADMISSIONS

Fitness Center

Daily Admission Fees[†]

Resident Adult (18-59 yrs)	\$9
Resident Youth (12-17 yrs)	\$7
Resident Senior (60 yrs & up) / Veterans / Active Military	\$7

Open Gym, Elevated Track, Pickleball

Daily Admission Fees[†]

Resident Adult (18-59 yrs)	\$6
Resident Youth (3-17 yrs)	\$5
Resident Senior (60 yrs & up) / Veterans / Active Military	\$5

Children ages 3-9 years old must be accompanied by a parent or guardian.

[†]Non-residents: additional \$2 will be added to the daily fees listed above.

Free Orientation for Fitness Center Members! Free Orientation is mandatory for Youth Member, 12-17-year-olds. See Page 34

Group Fitness Classes! Fitness Center Members receive a discount on group fitness passes! See page 35



FACILITIES

Villa Park Recreation Center

320 E. Wildwood Ave.
630-749-3200
Fax: 630-834-8528

Business Hours

Monday-Friday, 7:30 am - 5:30 pm

VPRC Building and Fitness Center

Monday-Friday, 5:30 am - 9 pm
Saturday-Sunday, 7 am - 6 pm

Sugar Creek Golf Course

500 E. Van Buren St.
630-834-3325

Jefferson Pool

341 N. Harvard Ave.
630-832-5632

Parks, Buildings and Grounds Office & Maintenance Facility

42 W. Home Ave.
630-834-3051
Monday-Friday, 7:30 am-3:30 pm

Villa Park Recreation Center will be closed Monday, September 1; Thursday, November 27; Thursday, December 25.

Villa Park Recreation Center will be open with Holiday Hours (7:00 am - 1:00 pm) December 24 & December 31.

NOTE: All programs have a minimum and maximum enrollment. If the minimum enrollment is not met prior to the program date, *VILLA PARK • Parks & Recreation* may have to cancel, postpone or consolidate the program with another program. If the program is cancelled, a program credit will be issued.

OOPS!

VILLA PARK • Parks & Recreation has made every effort to prepare our marketing material as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. *VILLA PARK • Parks & Recreation* reserves the right to make any such adjustments. The Recreation Department apologizes for any inconvenience these errors may cause.

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OUR COMMITMENT

VILLA PARK • Parks & Recreation remains committed to providing the best recreation and leisure services to our community. With our “satisfaction guaranteed” pledge, residents and their guests can be assured that the staff at Villa Park Recreation Department will work to not only meet expectations but exceed them.



General Information

PARKS & RECREATION STAFF

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630-834-3051



You may notice letters after the names of staff listed in the directory. These sets of letters represent types of certifications. Below please find an explanation for each of the certifications currently held by staff.

CPRP
The Certified Park and Recreation Professional (CPRP) is the national standard for all parks and recreation professionals that want to be at the forefront of the profession and is administered by the National Recreation & Park Association (NRPA). To become certified, candidates must pass an exam containing 150 questions. To maintain certification, staff must attend 20 hours of in-service training every two (2) years.

CPO
The Certified Pool Operator (CPO) course provides individuals with the knowledge, techniques and skills of pool operations. The National Swimming Pool Foundation (NSPF) administers the course. Certification is attained after completing a written exam and is valid for five (5) years.

CPSI
The Certified Playground Safety Inspector is an industry-leading certification, offered by the National Recreation and Park Association. This program provides the most comprehensive and up-to-date training on playground safety issues including hazard identification, equipment specifications, surfacing requirements and risk management methods.

AFO
The Aquatic Facility Operator (AFO) course provides comprehensive and up-to-date training on operations, mechanical systems, water chemistry, disinfection and safety. To become an AFO, you must enroll in the National Recreation and Park Association (NRPA) sponsored course and successfully pass the AFO exam. The AFO certification is valid for five (5) years.

VILLA PARK OFFICIALS

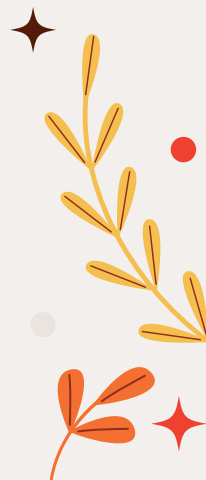
Kevin Patrick
Village President

BOARD OF TRUSTEES

Cari Alfano
Jorge Cordova
Tina Konstatos
Jack Kozar
Deepa Kumar
Khalid Sabri

Rolf Laukant
Village Clerk

Mike Rivas
Village Manager



PARK RULES AND REGULATIONS

It is desirable and in the best interest of the citizens of Villa Park that certain rules be established for use of the village parks.

All patrons are requested to comply with the following:

1. Pets must be on a leash.
2. Alcoholic beverages are not allowed in any park or facility.
3. Driving or parking is not allowed in any grass or sports field.
4. For park hours and locations, please see page 7. Any section or part of any park may be declared closed to the public by the Director of Parks & Recreation at any time for any interval of time.

Building and Park Rental

The Villa Park Recreation Center is available for rent. In addition, we have many neighborhood park locations for your celebrations.

Rotary Park has some picnic amenities, including restroom facilities and a picnic shelter. This centrally located park has enough parking to easily accommodate 20 cars, too.

Another great location for a family gathering is Twin Lakes Park. Located in the north central section of the village, this park has a playground, picnic shelter, two lakes for fishing, soccer and baseball fields, natural areas, restrooms and on-site parking.

Enjoy Lufkin Park with all its amenities, including a splash pad, playground, walking trail and more! The picnic shelter includes bathrooms and is available for rental! For more information see pages 8-11 or visit invillapark.com/rentals.

Vandalism

Please notify **VILLA PARK • Parks & Recreation** immediately if you see broken play equipment, damaged park benches or vandalism to athletic fields or any park facilities. You can do this by visiting invillapark.com and completing a service request. You can also submit a request through the MyVillaPark app where you can include pictures and track your request.



Americans with Disabilities Act

We comply with the Americans with Disabilities Act (ADA), which prohibits discrimination on the basis of disability. ADA requires that all recreation programs and services through the Village of Villa Park be available in the most integrated setting appropriate for each individual.

We work cooperatively with the Northeast DuPage Special Recreation Association (NEDSRA) to provide a "leisure buddy," or other service for those individuals requiring assistance for participation in our programs. For those with special needs, the support and encouragement provided by the leisure buddy may be the key ingredient to enjoyment and successful participation.

If any special accommodations are necessary for participation in any of our programs, or to receive any service available through the Village of Villa Park, please notify someone on the village staff upon registration.

Accidents & Injuries Policy

The Village of Villa Park does not provide medical insurance coverage for injuries suffered while participating in recreation programs or while using park facilities. The Village, therefore, assumes no responsibility for personal injury while participating in recreation programs or while using park facilities.

Speakers Bureau

VILLA PARK • Parks & Recreation staff welcome invitations to speak at your club or organization's next meeting. Presentations include discussion of recreation programs, park facilities and other aspects of the Recreation Division. Please call 630-749-3200 to arrange for a speaker.

Photo Policy

Photographs and videos are periodically taken of participants while they are engaged in programs, special events, or enjoying the parks. Please be aware that these photos may appear in the local newspapers and/or **VILLA PARK • Parks & Recreation** publications, including our website.

Pesticide Information

VILLA PARK • Parks & Recreation is committed to providing quality trees, shrubs and turf areas in our Parks. As part of the maintenance program, chemical applications are necessary to control weeds and insects and to stimulate plant growth. The Department's staff is licensed by the State of Illinois to apply the chemicals in the Parks. This license is provided after the successful completion of training and testing by the Department of Agriculture. Generally, broadleaf weeds are treated as needed. All treated areas are posted for twenty-four (24) hours after application. Anyone who would like additional information regarding pesticide applications should call the Parks Division at 630-834-3051.

AVOID CANCELCATION

Most classes require a set minimum number of participants. Register at least a week prior to the start date to avoid cancellation.

PROGRAM CAPACITY

All programs have minimum and maximum enrollment. If the minimum enrollment is not met prior to the program date, **VILLA PARK • Parks & Recreation** may have to cancel, postpone or consolidate the program with another program. If the program is cancelled, a program credit will be issued.

CODE OF CONDUCT

Equal Access

Program participants, facility guests and spectators shall not be denied equal access to programs, activities, services or benefits, or be limited in exercise of any right, privilege, advantage or opportunity on the basis of race, sex, creed, national origin or disability.

Behavior

Participants, spectators and staff are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to help make the programs offered at **VILLA PARK • Parks & Recreation** safe and enjoyable for everyone involved. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff.

Participants, spectators, facility guests and staff shall:

1. Show respect to all participants, spectators, facility guests and staff. They shall also be expected to take appropriate direction from staff.
2. Refrain from using abusive or foul language.
3. Refrain from causing bodily harm to self, other participants, spectators, facility guests or staff.
4. Show respect for equipment, supplies and facilities.
5. Follow all village ordinances, facility rules and school rules. These include and are not limited to rules regarding smoking, alcohol, bringing in refreshments into facilities, etc.
6. Not engage in any gang related activities including the display or possession of gang related symbols, the use of hand signals, soliciting membership, intimidating or threatening behavior, wearing or displaying any gang colors or clothing identified with gang activities, etc.

Discipline

VILLA PARK • Parks & Recreation applies a caring and positive approach to maintaining appropriate behavior at programs and facilities. Staff will apply a positive approach to discipline. Staff will periodically review rules with participants, spectators and facility guests during the program session. If inappropriate behavior occurs, prompt resolution will be sought specific to each individual situation as per the Village Guidelines. The Director of Parks & Recreation reserves the right to combine or delete any guidelines, which, in their sole judgment, is necessary in order to insure safety and abate any nuisance.



ONLINE REGISTRATION

We welcome you to register for most programs through online registration. Visit inwillapark.com/Parks-Recreation to view our online registration catalog!

Please see Pages 3 and 40 for detailed information.





Park Amenities

See Page 6 for Park Rules and Regulations!



Cortesi Veterans Memorial Park



Iowa Community Center Playground



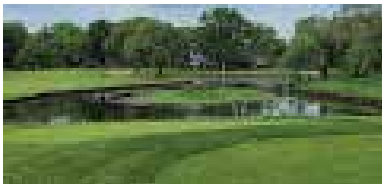
Jefferson Park and Pool



Prairie Path Playground



Rotary Park



Sugar Creek Golf Course



Willowbrook Park

Cortesi Veterans Memorial Park

318 E. Kenilworth
Depot
Passive Area with Benches
Park Shelter
Veterans Memorial



Franklin Park

218 N. Third
Ballfield
Picnic Area
Playground Equipment
Multi-Use Play Area



Fulton-Douglas Retention Area

Fulton & Douglas
Water Retention Area
Native Plant Life



ICC Park & Playground*

338 N. Iowa
Picnic Area
Playground
Multi-Use Play Area
Soccer Fields
Skate Park
Bocce Ball Court
Baggo Court
**Under construction*



Jefferson Park and Pool

341 N. Harvard
Ice Skating
Picnic Area
Outdoor Pool
Multi-Use Play Area
Public Restrooms



Lions Park

Villa Park Recreation Center

320 E. Wildwood
Accessible Picnic Shelter*
Picnic Area*
Playground*
Public Restrooms
Story Walk*
Pollinator Garden*
Senior Plaza*
Pergola*
Game Tables*
Bench Seating*
Butterfly Garden*
**At press time, outdoor property under construction.*



Lufkin Park

1000 S. Ardmore
Performance Shelter
Playground
Ninja Warrior Course
Water Spray Pad
Bathroom
Picnic Shelter
Walking Trail
Sensory Gardens
Accessible Observation Pier

North Terrace Park

300 N. Westmore
Picnic Area
Playground Equipment
Fishing Pond
Multi-Use Play Areas
Activity Building
Park Shelter
Accessible Pier
Walking Path



Prairie Path

Salt Creek to Addison between Central and Park

Picnic Area
Playground Equipment
Natural Areas
Multi-Use Play Areas
Rugaard Gazebo
Historical Museum
Park Shelter



Rotary Park

600 E. Wildwood
Picnic Area
Restrooms
Park Shelter



Sugar Creek Golf Course

500 E. Van Buren
Nine-Hole Golf Course
Clubhouse and Pro Shop
Driving Range

Twin Lakes Park

Ardmore at Sidney
Multi-Use Play Areas
Accessible Restrooms
Accessible Picnic Shelter
Accessible Fishing Pier
Two Lakes
Natural Areas
Soccer Field
Baseball Field



Westland Park

Monterey at Riordon
Picnic Area
Playground Equipment
Multi-Use Play Area

Westmore Park

500 N. Westmore
Picnic Area
Playground Equipment
Multi-Use Play Area
Community Garden Plots
Soccer Field

Willowbrook Park

200 N. Highridge
Premier Ballfield
Picnic Area
Playground Equipment
Multi-Use Play Area



Willowbrook Tennis Courts

1250 S. Ardmore
Tennis Courts

HELP US OUT BY KEEPING A WATCH ON OUR PARKS!
Keep a watch over your neighborhood parks. Should you witness any vandalism or suspicious activities, please call 911 and provide the Villa Park Police Department with any information that would lead to the apprehension of vandals.



PARKS AND FACILITIES

- 1 Franklin Park
- 2 Fulton-Douglas Retention Area
- 3 ICC Park & Playground
- 4 Jefferson Park and Pool
- 5 Lions Park / Villa Park Recreation Center
- 6 Lufkin Park
- 7 North Terrace Park
- 8 Prairie Path
- 9 Cortesi Veterans Memorial Park
- 10 Rotary Park
- 11 Sugar Creek Golf Course
- 12 Twin Lakes Park
- 13 Westland Park
- 14 Westmore Park
- 15 Willowbrook Park
- 16 Willowbrook Tennis Courts



PARKS HOURS

6 AM TO SUNSET (UNLESS OTHERWISE NOTED):

Cortesi Veterans Memorial Park	318 E. Kenilworth
Franklin Park	218 N. Third
ICC Park & Playground	338 N. Iowa
Jackson Fields	301 W. Jackson
Jefferson Park and Pool	341 N. Harvard
Lions Park Playground	320 E. Wildwood
Lufkin Park	1000 S. Ardmore
North Terrace Park Playground	300 N. Westmore
Prairie Path Playground	Villa and Central
Prairie Path Playground	Harvard and Central
Rotary Park	600 E. Wildwood
Rugaard Gazebo on the Prairie Path	Princeton and Park
Twin Lakes Park	Ardmore at Sidney
Westland Park	Monterey at Riordan
Westmore Park	500 N. Westmore
Willowbrook Park	200 W. Highridge

6 AM TO 9:30 PM*:

Willowbrook Tennis Courts	1250 S. Ardmore
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*WBHS activities receive priority use



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ROOM RENTALS

When making plans for family gatherings or group meetings, consider holding your event in one of our multi-use rooms at the Villa Park Recreation Center (VPRC), Cortesi Veterans Memorial Park Depot, or the North Terrace Building.

Multi-use rooms make the ideal setting for small group meetings and gatherings. Tables and chairs are also included in your rental fee and your room will be set up and ready for you to decorate when you arrive. North Terrace Building and the Depot at Cortesi Veterans Memorial Park are also available to rent. The VPRC Gym is available to rent for an athletic activity.

There is a 2-hour minimum for building rentals, multi-use room and the gym (half-court). The VPRC commercial kitchen is available for rent with the multi-use room rental at an additional fee. The kitchen rental includes refrigerator, freezer, 10x15 warmer and a 50-cup coffee maker (coffee not included). Gym is available on Sundays from 2-4 pm and 4-6 pm.

After you check on rates and availability, complete the application rental form and fax or drop it off at the **VILLA PARK • Parks & Recreation**. You can also send the form as an email attachment. Please note, a rental deposit is due at the time the reservation is approved. If you are interested in renting during the current season, staff will confirm availability and notify you within 3-5 business days if your date and time is available. Please include a daytime phone number for us to speak with you, this will expedite the process.

For more information on rentals and to download the Rental Application, go to invillapark.com/rentals



VPRC KITCHEN
320 E. WILDWOOD AVE. **RATES**
Additional fee with multi-use room rental **R \$100/day**
NR \$120/day

VPRC MULTI-USE ROOMS
320 E. WILDWOOD AVE. **RATES**
HALF ROOM **R \$55/hr**
MAX. CAPACITY = 36 **NR \$75/hr**
FULL ROOM **R \$75/hr**
MAX. CAPACITY = 72 **NR \$95/hr**



VPRC GYM
320 E. WILDWOOD AVE. **RATES**
HALF COURT **R \$55/hr**
NR \$75/hr

Cortesi Veterans Memorial Park DEPOT
318 E. KENILWORTH
• No Kitchen Available
• Sink and Fridge Available
• Restrooms Available

MAX. CAPACITY = 20 **RATES**
R \$75/hr
NR \$95/hr





**North Terrace
BUILDING**
300 N. WESTMORE
• Kitchen Available
• Restrooms Available

MAX. CAPACITY = 20

RATES

**R \$75/hr
NR \$95/hr**



**JOIN THE
VILLA PARK
RECREATION TEAM!**

NOW HIRING!

Instructors Wanted!

The Recreation Division is always looking for qualified instructors and new program ideas. If you have a special skill or hobby, enjoy working with people and have a great idea for a new program or class, please let us know.

Call 630-749-3200 to be directed to a program supervisor!



Early Childhood Preschool

Our program is designed to give children ages 2-5 the advantage needed to succeed in school. Our enthusiastic teachers genuinely care about and understand each child's individual developmental needs and learning styles. They take the time to help each child discover, in his or her own way, a fascinating world of learning and play.

Preschool Class Options 2025-2026 School Year Registration Open! Classes begin the week of September 8.

2 ½-Year-Old Program

Child must be 2 ½ years old by 9/1/2025

Monday/Wednesday
9-11:00 am

3-Year-Old Program

Child must be 3 years old and bathroom independent by 9/1/2025

Tuesday/Thursday
9-11:30 am

4-Year-Old Program

Child must be 4 years old and bathroom independent by 9/1/2025

Monday/Wednesday/Friday
9-11:30 am

PRESCHOOL TUITION DUE DATES		FULL DUE on or Before Sept. 3	9 INSTALLMENTS Sept. 3 and Oct-May on the first of each month
3-Day Resident		\$2,197	\$256
3-Day Non-Resident		\$2,395	\$279
2-Day Resident	3-Year-Old	\$1,465	\$171
2-Day Non-Resident	3-Year-Old	\$1,597	\$186
2-Day Resident	2 ½-Year-Old	\$1,237	\$144
2-Day Non-Resident	2 ½-Year-Old	\$1,348	\$157

Registration is available online or in person at the Villa Park Recreation Center.
Non-refundable registration fee of \$99

Preschool Prep 2-Year-Old Program

Fridays, 9-10:30 am (12 Week Program)

Registration Fee of \$49

Resident \$189 / Non-Resident \$206

Child Must Be 2 Years Old by 9/1/2025

F 9-10:30 am Sep 12-Dec 5 NO CLASS 11/28

Child Must Be 2 Years Old by 1/1/2026

F 9-10:30 am Jan 16-Apr 17 NO CLASS 2/27, 4/3



Rock “n” Kids FAMILY ROCK



Sing, dance, play, learn and imagine with us! This movement-based program uses music to facilitate learning. Activities include use of rhythm instruments and movement props, work on gross and fine motor skills, including balance and coordination and engagement of imaginative play. All classes are structured and include early listening and following directions skills.

\$68 6 CLASSES NO CLASS 11/24
SUNSET KNOLL RECREATION CENTER, 820 S. FINLEY, LOMBARD

AGES: 12-30 months old w/adult
M 5:15-5:55 pm Sep 8-Oct 13
M 5:15-5:55 pm Oct 27-Dec 8

AGES: 2-5 w/ adult
M 6-6:40 pm Sep 8-Oct 13
M 6-6:40 pm Oct 27-Dec 8

BABY ROCK

Wiggle and giggle with us! Baby Rock is a unique combination of sensory experiences with stimulating music and exercises to help strengthen and stretch your baby! Activities will include sing-alongs, exposure to simple instruments and sensory props, motion exercises, bubbles and more! Get ready for a rockin’ good time with your tiniest dancer!

AGES: 3-12 months old w/adult, non-walker
\$60 NO CLASS 11/24
SUNSET KNOLL RECREATION CENTER, 820 S. FINLEY, LOMBARD

M 4:40-5:10 pm Sep 8-Oct 13
M 4:40-5:10 pm Oct 27-Dec 8

Rhythm and Rhyme

Join the staff from the Villa Park Public Library for a story time on the road! Each week will feature stories, music and movement.

AGE: 2-5 w/adult
FREE
VILLA PARK RECREATION CENTER

M 10-10:30 am Sep 15
M 10-10:30 am Oct 20
M 10-10:30 am Nov 17
M 10-10:30 am Dec 15

Little Artists



This class will introduce these beginning artists to finger paints, water colors, chalk art and more! This class utilizes instruments and materials that are suited to the dexterity and the fine motor skills of a 4 and 5 year old learner. Each week results in a new masterpiece. Please note this class can be messy. Dress for it!

AGES: 4-5
\$45 5 CLASSES NO CLASS 11/28
VILLA PARK RECREATION CENTER

F 11:30-12:30 pm Sep 19- Oct 17
F 11:30-12:30 pm Nov 7-Dec 12

Exploring Toddler



You and your tot will have a great time moving and exploring. We’ll explore colors, read stories, sing, enjoy gym time and mingle with other parents.

AGES: 18-36 mos w/parent
\$42 5 CLASSES NO CLASS 11/28
VILLA PARK RECREATION CENTER

F 9:30-10:30 am Sep 19- Oct 17
F 9:30-10:30 am Nov 7-Dec 12

Stay & Play Open Gym **NEW**



Children can stay active and play in the Villa Park Recreation Center gym. This safe and fun environment is the perfect spot for your child to interact with you and other peers. This activity is unsupervised, no instructor will be provided and a parent must accompany his or her child.

AGES: 4-8
\$5 NO CLASS 11/24, 12/22, 12/29
M 1-2 pm Sep 15-Dec 15

Toddler Playtime Gym



Looking for a place for your toddler to play, explore and socialize? If so, then we have the perfect activity for you! During Toddler Playtime Gym, one court is set up with scooters, tunnels and other games to help your toddler develop their gross motor skills. *This activity is unsupervised, no instructor will be provided and a parent must accompany his or her child. Toddler Playtime Gym is a pay as you participate program, which means you’re not required to attend every week.

AGES: 1-5
\$5 NO CLASS 11/25, 12/23, 12/30
VILLA PARK RECREATION CENTER
Tu 9-10 am Sep 16-Dec 15

iSTEAM: Jr Engineers **NEW**



Junior Engineers introduces students to the exciting world of architecture, engineering and design. From building models, sketching and drawing, and design challenges to collaborative projects such as building bridges, towers, or buildings, this course encourages teamwork, communication and problem-solving skills.

GRADES: K-4
\$138
VILLA PARK RECREATION CENTER
Th 4-5 pm Oct 9-Nov 6

Build Your Own Teddy **NEW**



Join us in making the cutest bear you have ever seen. First, we will stuff your new friend and think of a unique name to place on his/her birth certificate. After your new bear comes to life you will design a special T-shirt.

AGE: 2.5-5
\$25
VILLA PARK RECREATION CENTER
Tu 2-3 pm Nov 11

The following classes are offered by Ceramics @Nadine



Halloween Theme

A wide variety of Halloween-themed pottery pieces will be available to choose from, including pumpkins, ghosts, spiders and lanterns—perfect for enhancing your fall decor or for jars to hold your candies.

You will receive an email two weeks after the program when your finished ceramics masterpiece is ready for pick up! Children aged 3-5 must have a parent present during the class.

AGES: 3-6 w/ parent
\$33
VILLA PARK RECREATION CENTER
W 5-5:45 pm Oct 15



Early Childhood

ALL CLASSES ARE HELD AT THE VILLA PARK RECREATION CENTER.

**New to the Little Learners program this year;
Registration closes each Monday at 5 pm**

Sunrise Club



Start your student's day early with Sunrise Club. Only for Villa Park Preschool students.

**NO CLASS 11/27, 12/24, 12/25, 12/31, 1/1
Tuesday/Wednesday/Thursday**

8-9 am

Daily Fee: \$10

Little Learners Club PM



Extend your early childhood aged child each Tuesday, Wednesday and Thursday with "Little Learning Club". The day will include different enrichment classes such as art, science and sports classes and gym time. The outdoor playground will also be utilized depending on the weather.

Please pack your student with a nut free early morning snack.

AGES: 2-5

**NO CLASS 11/27, 12/24, 12/25, 12/31, 1/1
Tuesday/Wednesday/Thursday**

11:30am - 4 pm

Daily Fee: \$45

Little Learners Club AM



Keep your child busy in the morning at Little Learners Club. The morning will include a variety of arts and crafts, gym time as well as large motor activities.

Please pack your student with a nut free early morning snack.

AGES: 2-5

**NO CLASS 11/27, 12/24, 12/25, 12/31, 1/1
Tuesday/Wednesday/Thursday**

9 - 11:30 am

Daily Fee: \$25



Little Learners Club Registration Form



DATES	DATES (CIRCLE DAYS WILL ATTEND)			TIME	REGISTER BY	FEE BY THE DAY	SUNRISE \$10 PER DAY	TOTAL FEES
Little Learners Club AM & Sunrise Club								
Sep 9-11	9	10	11	9-11:30 am	Sep 8	_____ x \$25	_____ x \$10	
Sep 16-18	16	17	18	9-11:30 am	Sep 15	_____ x \$25	_____ x \$10	
Sep 23-25	23	24	25	9-11:30 am	Sep 22	_____ x \$25	_____ x \$10	
Sep 30-Oct 2	30	1	2	9-11:30 am	Sep 29	_____ x \$25	_____ x \$10	
Oct 7-9	7	8	9	9-11:30 am	Oct 6	_____ x \$25	_____ x \$10	
Oct 14-16	14	15	16	9-11:30 am	Oct 13	_____ x \$25	_____ x \$10	
Oct 21-23	21	22	23	9-11:30 am	Oct 20	_____ x \$25	_____ x \$10	
Oct 28-30	28	29	30	9-11:30 am	Oct 27	_____ x \$25	_____ x \$10	
Nov 4-6	4	5	6	9-11:30 am	Nov 3	_____ x \$25	_____ x \$10	
Nov 11-13	11	12	13	9-11:30 am	Nov 10	_____ x \$25	_____ x \$10	
Nov 18-20	18	19	20	9-11:30 am	Nov 17	_____ x \$25	_____ x \$10	
Nov 25-26	25	26		9-11:30 am	Nov 24	_____ x \$25	_____ x \$10	
Dec 2-4	2	3	4	9-11:30 am	Dec 1	_____ x \$25	_____ x \$10	
Dec 9-11	9	10	11	9-11:30 am	Dec 8	_____ x \$25	_____ x \$10	
Dec 16-18	16	17	18	9-11:30 am	Dec 15	_____ x \$25	_____ x \$10	
Dec 23	23			9-11:30 am	Dec 22	_____ x \$25	_____ x \$10	
Dec 30	30			9-11:30 am	Dec 29	_____ x \$25	_____ x \$10	
Jan 6-8	6	7	8	9-11:30 am	Jan 5	_____ x \$25	_____ x \$10	

Little Learners Club PM								
Sep 9-11	9	10	11	11:30-4 pm	Sep 8	_____ x \$45		
Sep 16-18	16	17	18	11:30-4 pm	Sep 15	_____ x \$45		
Sep 23-25	23	24	25	11:30-4 pm	Sep 22	_____ x \$45		
Sep 30-Oct 2	30	1	2	11:30-4 pm	Sep 29	_____ x \$45		
Oct 7-9	7	8	9	11:30-4 pm	Oct 6	_____ x \$45		
Oct 14-16	14	15	16	11:30-4 pm	Oct 13	_____ x \$45		
Oct 21-23	21	22	23	11:30-4 pm	Oct 20	_____ x \$45		
Oct 28-30	28	29	30	11:30-4 pm	Oct 27	_____ x \$45		
Nov 4-6	4	5	6	11:30-4 pm	Nov 3	_____ x \$45		
Nov 11-13	11	12	13	11:30-4 pm	Nov 10	_____ x \$45		
Nov 18-20	18	19	20	11:30-4 pm	Nov 17	_____ x \$45		
Nov 25-26	25	26		11:30-4 pm	Nov 24	_____ x \$45		
Dec 2-4	2	3	4	11:30-4 pm	Dec 1	_____ x \$45		
Dec 9-11	9	10	11	11:30-4 pm	Dec 8	_____ x \$45		
Dec 16-18	16	17	18	11:30-4 pm	Dec 15	_____ x \$45		
Dec 23	23			11:30-4 pm	Dec 22	_____ x \$45		
Dec 30	30			11:30-4 pm	Dec 29	_____ x \$45		
Jan 6-8	6	7	8	11:30-4 pm	Jan 5	_____ x \$45		

**NEW TO THE LITTLE LEARNERS PROGRAM THIS YEAR;
REGISTRATION CLOSSES EACH MONDAY AT 5 PM.**

Child's Name: _____

Birthdate: _____ Age: _____

FEES SUB-TOTAL	
Non-Resident Fee \$3/person per program	
Voluntary Contribution to Financial Assistance Fund	
TOTAL FEES	

PLEASE COMPLETE THE REVERSE SIDE OF THIS FORM. >>>



Little Learners Club Waiver

VILLA PARK | Parks and Recreation

Family and Last Name of Head of Household: _____ Birthdate: _____

Address: _____ City: _____ State: _____ Zip: _____

Primary Ph: _____ Secondary Ph: _____

Parent Name: _____ Work Ph: _____ Cell: _____

Parent Name: _____ Work Ph: _____ Cell: _____

Family E-mail Address: _____

Please List All Allergies and Special Accommodations: _____

EMERGENCY NAMES AND PHONE NUMBERS: (other than parents/guardians)

1. _____	_____	_____	_____	_____
NAME	RELATION	HOME#	CELL#	WORK#
2. _____	_____	_____	_____	_____
NAME	RELATION	HOME#	CELL#	WORK#

EMERGENCY TREATMENT PERMISSION | Village of Villa Park Recreation Department

Waiver/Release of All Claims and Emergency Treatment Permission

Please read this form carefully and be aware that by signing this form and participating in the programs listed, that you will be waiving and releasing all claims for injuries you or your children might sustain arising out of these programs.

Release and Hold Harmless Agreement

As a participant in this VILLA PARK · Parks and Recreation program, I recognize and acknowledge that there are certain risks of injury and I waive and relinquish all claims I or my children may have as a result of participating in this program against the Village of Villa Park and its officials (either elected or appointed), commissioners, officers, agents, employees and volunteers. I further agree to indemnify, hold harmless and defend the Village of Villa Park and its officials (either elected or appointed), commissioners, officers, agents, employees and volunteers from and against any and all claims, suits, or cause of actions, including reasonable attorney's fees, sustained or caused by myself or my children arising out of, in connection with, or in any way associated with the activities of this program.

I give my child permission to participate in this program and on the child's behalf as parent and/or legal guardian I hereby waive, release and forever discharge any and all claims against the Village of Villa Park and its officials (either elected or appointed), commissioners, officers, agents, employees and volunteers for damages and/or injuries which may arise from my child's participation in this program.

Emergency Treatment Permission

I understand that a minor may not be treated, even in an emergency situation, except when, in the opinion of the attending physician, life is in the balance. Consent of a parent or legal guardian is necessary for unmarried minors (under 18) except in such cases. Written consent is required for all other treatment.

Signature of Participant, Parent or Legal Guardian

Date _____

Accordingly, as a parent and/or legal guardian, I do herewith authorize the treatment of the minor enrolling in this program in the event of a medical emergency, including administration of first aid, as appropriate and further agree that I will be responsible for payment of any and all medical services rendered.

I understand that the village does not provide medical insurance for program participants.

I agree that any person or entity, including any doctor, or healthcare provider, may rely on a photocopy of this document the same as if it were an original.

Acknowledgment

I have read and fully understand the registration policies, the "Release and Hold Harmless Agreement" and the "Emergency Treatment Permission." This release and medical authorization form is completed and signed of my own free will even though I understand it is a requirement for participation in this program. I represent to the Village of Villa Park that I am familiar with the program and its physical demands and I attest and verify that the participant, whether myself or my child, is physically fit for this program.

Photo Consent

I understand that my child may be photographed while participating in the Village of Villa Park Recreation Division programs. I understand that these photos may be used in printed material and on the Parks and Recreation website for publicity purposes.

I give my consent for my child to be photographed while participating in the Village of Villa Park Recreation Division programs.

Signature of Participant, Parent or Legal Guardian

Date _____

This waiver must be signed by all participating adults 18 years old and over, and by a parent or guardian for each participant under age 18. If registering a minor participant, I further attest that I have read these instructions to my minor child/ward.



**OPERATION
LIFESAVER®**

Look, Listen & Live

Operation Lifesaver Safety Message*

As a parent, you teach your children to strive for excellence, pursue their interests and how to be safe and responsible citizens. Operation Lifesaver is an international education and awareness program dedicated to ending tragic collisions, fatalities and injuries at highway rail crossings and along railroad right of ways. Operation Lifesaver strives to increase public awareness of the dangers near railways. Their program seeks to educate pedestrians and drivers both young and old to make safe decisions around railways.

Your children will take critical information they learn from you into their future. Operation Lifesaver wants to help you make their future a safe one. Here are some tips about walking across railroad tracks and trespassing:

- Cross tracks **ONLY** at designated pedestrian or roadway crossings. Observe and obey all warning signs and signals.
- Never walk down a train track; it's illegal and it's dangerous. By the time a locomotive engineer sees a trespasser or vehicle on the tracks, it's too late to stop even if emergency brakes are activated.
- The only safe place to cross is at a designated public crossing equipped with crossbucks, flashing red lights or gates. Crossing anywhere else is trespassing and you can be ticketed and fined.
- Do not cross tracks immediately after a train passes. A second train may be approaching when blocked by the first. Trains can come from either direction. Wait until you can see clearly in both directions.
- Flashing red lights signal that a train is approaching from either direction. You can be fined for ignoring these signals. Never walk around lowered or be inside lowered gates at a crossing. Stay alive! **DO NOT** cross the tracks until the red lights stop flashing and it is safe to do so.
- Remember, Rails and Recreation do not mix!

**This safety message provided by the DuPage Railroad Safety Council.*



Discover Dance

DISCOVER DANCE



All dancers must be the proper age by the first day of class. The session concludes with a rehearsal and recital at Jefferson Middle School. Proper dance attire is mandatory.

Session starts the week of September 8, 2025 (19 WEEKS)

ALL CLASSES ARE HELD AT THE VILLA PARK RECREATION CENTER

NO CLASS 11/24-11/29, 12/22-12/27, 12/29-1/3

**Recital date of February 21, 2026 (TENTATIVE)
Make up classes week of February 14-19**

Fee includes recital t-shirt, recital and costume.

DANCE CLASS DESCRIPTIONS

Tiny Twirlers

For dancers ages 2.5-3, this is a 30-minute Ballet & Creative Movement class. Students exercise and dance together, work on gross motor skills and enjoy time together with their friends.

Required attire: Black leotard, pink, black or tan tights, skirts are acceptable, ballet shoes required. Hair pulled back, out of face.

Creative Dance

Creative Dance introduces dance and encouragement of self-expression for our youngest dancers. Instruction includes developmentally appropriate activities in movement, music, coordination and an introduction to ballet. **Required attire: Black leotard, pink, black or tan tights, skirts are acceptable, ballet shoes required. Hair pulled back, out of face.**

Tiny Ballerinas

Young dancers learn the beginning steps while learning how to follow direction and imitate movement in a positive environment. Engaging music is used to get these little dancers inspired to dance. The use of props such as hula hoops, scarves and wands enables the young dancers to use their imagination, creativity and, most of all, have fun! **Required attire: Black leotard, pink, black or tan tights, skirts are acceptable, ballet shoes required. Hair pulled back, out of face.**

Pre Ballet

Pre-Ballet's major goal is to experience the joy of dance, enrich skills and learn to appreciate this art. Simple ballet steps are taught as well as the five ballet positions. Skills are completed both at the barre and in the center of the floor. Basic arm positions are introduced. Students continue to work on concepts learned in Creative Dance, but with greater complexity and more emphasis on elementary ballet steps. **Required attire: Leotard and tights or fitted athletic wear; ballet shoes required. Hair pulled back, out of face.**

Ballet (I/II)

Dancers will increase knowledge of proper alignment and positioning through skills in barre, center, adagio and allegro. Beginners need no prior experience. Intermediate dancers gain a stronger understanding of techniques and terminology. **Required attire: Ballet shoes required. Black leotard, pink, black or tan tights, skirts are acceptable. Hair pulled back, out of face.**

Ballet/Tap

This combination class provides you with the opportunity to learn the basics of ballet and tap dance. Techniques for each will be taught with combinations and dance routines. **Required attire: leotard, tights, shorts, ballet shirt, tap and ballet shoes. Hair pulled back, out of face.**

Lil Tappers

Explore the fun of rhythms and sounds you can make with your feet. This class will begin with tap basics such as shuffles, heels, flaps and so on. **Required attire: Leotard, Tights, shorts, capris, tap shoes required. Hair pulled back, out of face.**

Tap

Rhythm technique, movement and tap combination steps will be learned. Beginner dancers need no prior experience and receive basic and fundamental training. Intermediate dancers gain a stronger understanding of techniques and terminology. **Required attire: Tap shoes required. Black leotard, pink, black or tan tights, leggings and jazz shorts. Hair pulled back, out of face.**

Tap/Jazz

This combination class provides you the opportunity to learn the basics of jazz and tap dance. Techniques for each will be taught with simple step combinations and dance routines. You are required to have both tap and jazz shoes by the first class. Ballet shoes may not be substituted for jazz shoes. **Required attire: Tap and jazz shoes required. Black leotard, pink, black or tan tights, leggings and jazz shorts. Hair pulled back, out of face.**

Jazzy Juniors

Beginner dancers need no prior experience and receive basic and fundamental training in the varied forms of expression in jazz dance. Jazz shoes required. Ballet shoes may not be substituted for jazz shoes. **Required attire: Black leotard, pink, black or tan tights, leggings and jazz shorts, jazz shoes. Hair pulled back, out of face.**

Lyrical

A fusion of the ballet and jazz dance styles, Lyrical Dance aims to interpret the accompanying music in an emotionally expressive way. The dances' movements attempt to illustrate the actual meaning and emotion communicated in the song. **Required attire: Black leotard, pink, black or tan convertible tights, leggings and jazz shorts are acceptable, tan/nude lyrical shoes (e.g. Dance Paws, FootUndeez) required. Hair pulled back, out of face.**

Lil Hip Hoppers

In this dynamic, upbeat class, dancers will learn hip hop technique and choreography. Dancers develop rhythm, coordination and self-expression. **Required attire: Hip Hop: Yoga pants, t-shirts, shorts, black gym shoes or black jazz shoes. Hair pulled back, out of face.**

Beg Hip Hop

In this dynamic, upbeat class, dancers will learn hip hop technique and choreography. Dancers develop rhythm, coordination and self-expression. Dancers need black gym shoes or black jazz shoes. **Required attire: Hip Hop: Yoga pants, t-shirts, shorts, black gym shoes or black jazz shoes. Hair pulled back, out of face.**

Please note that minimum registration numbers need to be met for each class for them to run. To avoid having to cancel/combine classes or be put on a wait list, we strongly encourage signing up early for classes.



Adult Dance

Indulge your passion in this class. Adult classes are open to adult dancers of all ages and abilities. Whether a student has years of dance experience or wants to learn dance for the first time. All classes are fun, educational and challenging. **Required attire: Athletic apparel, leggings, shorts and T-shirts with ballet shoes or yoga socks.**

AGES: 18 and older

\$55 6 CLASSES NO CLASS 11/26
VILLA PARK RECREATION CENTER

W 7:15-8:15 pm Sep 17- Oct 22
 W 7:15-8:15 pm Oct 29- Dec 10

Dance Class Schedule

CLASS	AGE	DAY	TIME	FEE	INSTRUCTOR
Sep 8-Feb 2 (NO CLASS 11/24, 12/22, 12/29)					
Tiny Twirlers	2 ½-3	M	4:30-5 pm	\$171	Ms. Mary
Lil Tappers	4-5	M	5-5:45 pm	\$222	Ms. Mary
Sep 9-Feb 3 (NO CLASS 11/25, 12/23, 12/30)					
Jazzy Jrs	4-5	Tu	4:30-5:15 pm	\$222	Ms. Mary
Beg Lyrical	7+	Tu	5:15-6:15 pm	\$243	Ms. Mary
Sep 10-Feb 4 (NO CLASS 11/26, 12/24, 12/31)					
Creative Dance	3-4	W	4:30-5:15 pm	\$222	Ms. Mary
Lil Hip Hoppers	5-6	W	5:15-6:15 pm	\$243	Ms. Mary
Beg Hip Hop	7+	W	6:15-7:15 pm	\$243	Ms. Mary
Sep 11-Feb 5 (NO CLASS 11/27, 12/25, 1/1)					
Beg Tap	6-9	Th	4:30-5:15 pm	\$222	Ms. Ava
Tap/Jazz	9+	Th	5:15-6:15 pm	\$243	Ms. Ava
Ballet/Tap	8+	Th	6:15-7:15 pm	\$243	Ms. Ava
Sep 13-Feb 7 (NO CLASS 11/28, 12/27, 1/3)					
Tiny Ballerinas	3-4	Sa	9-9:45 am	\$222	Ms. Hannah
Pre-Ballet	5-7	Sa	9:45-10:45 am	\$243	Ms. Hannah
Ballet I/II	9+	Sa	10:45-11:45 am	\$243	Ms. Hannah

IA = Instructor Approval
 * = Different Fee

All dancers must be the proper age by the first day of class.

Questions regarding the dance program? Contact Ms. Mary, Discover Dance Director at mtrinc@invillapark.com.

Scan QR Code from your phone



Need dance attire for your class? We have you covered.

Shop our online one stop shop and look your best for class. Ships right to your house and easy returns.

www.invillapark.com/DiscoverDance

FEE AND PAYMENT PLAN The registration fee is list in the table above which includes the cost of the dance recital costume and recital t-shirt. To participate in the payment plan, you must register a credit card number and authorization signature with us and sign a Discover Dance Payment Agreement. No costume refunds after the costumes have been ordered. You may make either payment by check or cash; however, if we do not receive your second and final payments by the indicated dates below, we reserve the right to charge your credit card for the balance due. Payment will be split into three equal payments. First payment is due at the time of registration. Second payment is due October 6. Final payment is due November 3.



Fall & Winter Camps

Fall & Winter Camps

Enjoy your break from school with us at Fall and Winter Camp! With so many different games and activities planned, you won't want to miss out on a day of fun. Please send a snack and a sack-lunch each day. .

Please note: pre-registration is necessary and we recommend you register early as the camp may be full.

AGES: 5*-12

*Must be attending kindergarten

VILLA PARK RECREATION CENTER



Fall Camp



NOV 26 - FIELD TRIP: PIZZA BY ME, LOU MALNATI'S OAKBROOK

Spots for this trip are limited and are taken on a first come first serve basis.

FALL CAMP SCHEDULE		SUNRISE CAMP 7:30-9 AM	FALL CAMP 9 AM-4 PM	SUNSET CAMP 4-6 PM
M	Nov 24	\$14 DAILY	\$37 DAILY	\$18 DAILY
Tu	Nov 25	\$14 DAILY	\$37 DAILY	\$18 DAILY
W*	Nov 26	\$14 DAILY	\$43 DAILY	\$18 DAILY



Winter Camp



DEC 23 - FIELD TRIP: ON SITE - CERAMICS @NADINE

DEC 30 - FIELD TRIP: LEGOLAND

Spots for this trip are limited and are taken on a first come first serve basis.

WINTER CAMP SCHEDULE		SUNRISE CAMP 7:30-9 AM		WINTER CAMP 9 AM-4 PM		SUNSET CAMP 4-6 PM	
M	Dec 22	7:30-9 am	\$14 DAILY	9 am-4 pm	\$37 DAILY	4-6 pm	\$18 DAILY
Tu*	Dec 23	7:30-9 am	\$14 DAILY	9 am-4 pm	\$43 DAILY	4-6 pm	\$18 DAILY
F	Dec 26	7:30-9 am	\$14 DAILY	9 am-4 pm	\$37 DAILY	4-6 pm	\$18 DAILY
M	Dec 29	7:30-9 am	\$14 DAILY	9 am-4 pm	\$37 DAILY	4-6 pm	\$18 DAILY
Tu*	Dec 30	7:30-9 am	\$14 DAILY	9 am-4 pm	\$43 DAILY	4-6 pm	\$18 DAILY
F	Jan 2	7:30-9 am	\$14 DAILY	9 am-4 pm	\$37 DAILY	4-6 pm	\$18 DAILY



The following classes are offered by Afterschool Enrichment Solutions

Smart Art

“Every child is an artist” - Pablo Picasso. Explore your artistic side with Smart Start Art from Afterschool Enrichment Solutions. Discover your creativity and imagination as an artist, developing fine motor skills, style and vision as we explore different artistic techniques through a variety of inspiring projects. Sketch and draw, shade and color, cut, glue, fold... create! See your imagination come to life! Learn about great artists from throughout history and the present day, through a weekly featured artist and fun, exciting games. No experience necessary.

GRADES: K-3

\$127 6 CLASSES NO CLASS 11/26

VILLA PARK RECREATION CENTER

W	5-6 pm	Sep 10-Oct 15
W	5-6 pm	Nov 5-Dec 17

STEAM

This exciting program from Afterschool Enrichment Solutions brings together elements of science, art and math in a hands-on, action-packed environment! Students will conduct experiments, play educational games and unlock their creativity through building challenges and projects. No experience necessary!

GRADES: K-5

\$135 6 CLASSES NO CLASS 11/26

SUNSET KNOLLS, 820 S. FINLEY RD., LOMBARD

W	6-7 pm	Sep 10-Oct 15
W	6-7 pm	Nov 5-Dec 17

Creative Writing Club

“Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.” - Albert Einstein. The Creative Writing Club, brought to you by Afterschool Enrichment Solutions, is designed to ignite the imaginations of young writers, foster their love for language and cultivate their creative expression. Through exploration of classic literature, inspiring writing exercises, creative language games and collaboration, students will explore different genres, learn and practice grammatical concepts, develop their writing skills and build confidence in their ability to communicate effectively.

GRADES: K-8

\$135 6 CLASSES NO CLASS 11/28

VILLA PARK RECREATION CENTER

F	6-7 pm	Sep 12-Oct 17
F	6-7 pm	Nov 7-Dec 19

Chess Scholars

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Chess has been proven to enhance children's motivation, concentration, focus, social skills and creativity. Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will learn under the guidance of an experienced Chess Scholars coach.

GRADES: K-8

\$127 6 CLASSES NO CLASS 11/29

SUNSET KNOLLS, 820 S. FINLEY RD., LOMBARD

S	11-12 pm	Sep 13-Oct 18
S	11-12 pm	Nov 8-Dec 20



The following classes are offered by Glitzy Girlz

Pajama Sleep-under SPA Night **NEW**

Come join Glitzy Girlz Staff for a relaxing Spa session in your jammies! Our staff will be pampering and teaching the girls how to do Mini-Manicures and Mini Pedicures. Toe and finger polishing with beautiful color selection and nail stickers. We will have “zen time” with a nourishing under eye pads section (take home eyes mask) and make a fun charm bracelet to accessorize your wardrobe and take home. A foot/nail brush and mini buffer is part of take home along with a satin organza bag filled with “girly” goodies! Sign up with friends for “sleep-under” fun!

***THIS IS A DROP-OFF INDEPENDENT CLASS.**

AGE: 6-10

\$34

VILLA PARK RECREATION CENTER

W	6-7:15 pm	Sep 10
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We Love Movie/Musicals **NEW**

Glam Dance Night

Come join Glitzy Girlz and celebrate the love of Musicals/Movies from “favs like ‘Wicked’ and ‘Descendants’! Our staff will do a fun glam-up with neon hair clip-ins, sparkle and cool neon nail polish application. Each participant will decorate a cool craft with paints, personalization stencils, stickers and embellishments. A themed musical charm bracelet will also be designed by each guest. Our class ends with a finale of dancing to popular musical/movie soundtracks with Freeze Dance & Limbo games!

Each person leaves with a fun themed glam bag of goodies!

THIS IS A DROP-OFF INDEPENDANT CLASS.

AGE: 7-10

\$34

VILLA PARK RECREATION CENTER

Tu	6-7:30 pm	Oct 28
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Parent/Child:

Holiday Memories 2025 Gift Class **NEW**

Come join Glitzy Girlz for a memorable night with your special sons/daughters and celebrate the season of giving! Our staff will assist each couple with decorating/designing and wrapping up their surprises. Each couple makes/takes home (3) adorable gifts for family members. Each a wood, ceramic and jewelry item perfect for male and female recipients. Paints, stickers, embellishments, personalization and a large selection of unique beads will be provided for all gifts. A holiday wrapping table with tags, wrapping paper ideas and gift bags provided to each couple for decorating & sealing the presents.

***Parents must accompany & participate in class.**

AGE: 3-11

\$34

VILLA PARK RECREATION CENTER

M	6-7 pm	Dec 15
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Youth Programs / Theater / Culinary

The following classes are offered by Ceramics @Nadine



You will receive an email two weeks after the program when your finished ceramics masterpiece is ready to pick up!

ALL CLASSES HELD AT THE VILLA PARK RECREATION CENTER

S'more Plate Workshop

Join us for a fun, step-by-step painting project where you'll create a plate for your fall s'mores. Participants will focus on the design while having the freedom to add their personal touches based on their preferences. No experience needed.

AGES: 6-12

\$33

Tu 6-6:45 pm Sep 2

The Beatles' Musical Evolution NEW

Learn how The Beatles changed not only their own sound, but the future of popular music in this engaging and interactive program. Through guided listening, videos and discussion, you will discover how the Beatles' music evolved from the pop and early rock sounds of their idols to the experimental psychedelic and genre-obliterating sounds of their middle period to their return to rock roots in their later period. Led by a local Beatles and popular music studies scholar, this class is perfect for trained musicians and amateurs alike. Soft drinks and cookies provided.

AGES: 12 and older

\$12

VILLA PARK RECREATION CENTER

F 7-9 pm Sep 26

Theater 3000

Chris Turner is an elementary school drama teacher who grew up on stage with Saint Genesius Productions and Glenbard East theater. Mr. Turner brings experience and energy to this exciting theater program for children!

Creative Drama 3000

Don't miss out on this one-of-a-kind awesome theater program. This theater experience offers audition preparation, memorization techniques, scene work, blocking, theater terminology, choreography, improv techniques and script writing.

AGES: 7-9

\$65 6 CLASSES

NORTH TERRACE PARK

Sa 10-11 am Sep 13- Oct 18

AGES: 10-12

\$65 6 CLASSES

NORTH TERRACE PARK

Sa 11 am-12 pm Sep 13- Oct 18

Watch for information on January Auditions for a 2026 Spring/Summer stage play for children Ages 10-13.

Halloween Theme

A wide variety of Halloween-themed pottery pieces will be available to choose from, including pumpkins, ghosts, spiders and lanterns—perfect for enhancing your fall decor or for jars to hold your candies.

AGES: 7-12

\$33

W 6-6:45 pm Oct 15

Thanksgiving Theme

Join us for a delightful experience in crafting Thanksgiving-inspired pottery featuring charming turkey designs and autumn illustrations. No prior experience is required to create beautiful pieces that you can showcase on your Thanksgiving Day.

AGES: 6-12

\$33

F 6-6:45 pm Nov 14

The following classes are taught by Chef Susan Maddox

All culinary classes are held at VILLA PARK RECREATION CENTER in the state-of-the-art kitchen.



Cozy Comfort Cuisine

Come spend an afternoon with Chef Susan Maddox learning about some great winter comfort foods ranging from soups, stews and pastries. This demonstration class will fulfill your hunger for great cozy dining and leave you with a smile. These recipes are great for young chefs to make.

AGES: 7-12

\$48

W 4:15-5:15 pm Sep 17

Chocolate Desserts & Pastries

It's chilly outside, but warm and cozy inside by the fire. The holidays are fast approaching and a great way to celebrate is making some excellent fruit and chocolate desserts for your family & friends! In this demonstration class, Chef Susan Maddox will prepare some wonderful desserts to fill your recipe box as well as your stomach.

AGES: 7-12

\$48

W 4:15-5:15 pm Dec 10

Retro Cooking-Fabulous 50's & 60's

In this demonstration class, Chef Susan Maddox will rekindle some fun food favorites from the past. While revisiting these recipes, she will be putting a new twist on these retro favorites. Susan will discuss methods and techniques that will make time in the kitchen efficient and fun. Please join her on this trip down memory lane!

AGES: 18 and older

\$48

W 6-7pm Sep 17

Holiday Salads & Sides

Looking for a new dish to bring to your next holiday celebration? Come spend the evening with Chef Susan Maddox, where you'll learn about side dishes and salads that are sure to bring comfort and joy! This demonstration class will light your holiday spirits and leave you with a smile. A program that's surely not to be missed.

AGES: 18 and older

\$48

W 6-7 pm Dec 10



ALL CULINARY CLASSES ARE HELD AT VILLA PARK RECREATION CENTER IN THE STATE-OF-THE-ART KITCHEN.

Little Chefs

Little foodies will eat up this fun cooking class. A new recipe will be prepared and enjoyed each week.

AGES: 4-5

\$48 5 CLASSES 10/13 & 11/24
 M 11:30-12:30 pm Sep 15-Oct 20
 M 11:30-12:30 pm Nov 3-Dec 8



Preschool Baking

Introduce your little one to the joy of baking with Preschool Baking! Designed for young chefs ages 3 to 5, this hands-on experience fosters creativity and sensory exploration in a safe and playful environment. Children will mix, shape and decorate simple treats like cookies or cupcakes. It's a fun-filled adventure where they'll learn basic kitchen skills while savoring the sweetness of homemade goodies.

AGES: 3-5

\$20
 F 11:30-12:30 pm Nov 7



Spooktacular Halloween Snacks **NEW**

Just in time for Halloween, little chefs will create treats that are bound to be a monster hit with trick-or-treaters of all ages. We will make Halloween themed treats all kids will love to create and enjoy. This special class would not be complete without designing some trick-or-treat bags.

AGES: 3-5

\$20
 F 11:30-12:30 pm Oct 24



Holiday Baking **NEW**

Your little chef will enjoy a fun, hands-on holiday baking experience—from mixing batter and decorating cookies and much more.

AGES: 3-5

\$20
 F 11:30-12:30 pm Dec 12



iCook: Bake It Till You Make It **NEW**

Our chefs-in-training will bake it till they make it in our new savory and sweet baking and cooking course. From cheesy cauliflower bites to sweet potato biscuits to rosemary corn muffins, students are sure to have a tasty time! Introductory kitchen skills such as baking, roasting, measuring, mixing and, of course, kitchen safety will be taught.

GRADES: 4-6

\$138
 W 5-6 pm Oct 8-Nov 5



Chef Tara Humphrey explores culinary techniques and global holidays through cooking. Let's eat and connect through cuisine, story and tradition.

We are all family around food.



Around The World Global Cooking **NEW**

Kid chefs will get a glimpse of the world through food and learn how to make international dishes from different continents around the world. Perfect for the new young chef just getting started to more experience young chefs eager to learn new recipes.

AGES: 7-12

\$50
 Tu 4-5:30 pm Sep 16, Oct 21, Nov 18, Dec 16

Flour Power Baking 101 **NEW**

We'll whip up a sourdough starter, souffle and sweet treats from around the world.

AGES: 18 and older

\$60
 Tu 6-8 pm Sep 16

Octoberfest **NEW**

We'll braid pretzels, cut egg noodles and chat about beer.

AGES: 18 and older

\$60
 Tu 6-8 pm Oct 21

Noodle Nirvana **NEW**

This hands-on class will teach you how to roll, cut and savor pasta and ramen.

AGES: 18 and older

\$60
 Tu 6-8 pm Nov 18

Feast of the Seven Fishes **NEW**

This Italian American holiday tradition celebrates Christmas with a seafood focused meal.

AGES: 18 and older

\$60
 Tu 6-8 pm Dec 16





Gymnastics

VILLA PARK • Parks & Recreation is proud to partner with Tumbling Times Gymnastics in Addison to provide you with an elite gymnastics training center.



Their mission is to build confidence, courage, strength and self-control in a fun and safe environment. All classes are held at Tumbling Times Gymnastics, 400 Rohlwing Road, Addison.

SESSION 1

August 18-September 27
(6 Weeks)
NO CLASS 8/30-9/1
(Mon & Sat 5 weeks)

SESSION 2 (6 WEEKS)

September 29 - November 8
(6 Weeks)

SESSION 3

November 10 - December 20
(5 Weeks)
NO CLASS 11/24-30

Parent-Tot Gymnastics

Over, under, forward and back; there's an adventure in every class. With the help of parents, children will explore the four areas of gymnastics (bars, beam, vault and tumbling). Participants will learn skills related to jumping, skipping, rolling, climbing and balancing.

AGES: 18 mos-3 years

Tiny Times Gymnastics

Children will learn body position as well as beginning skills on the bars, floor, springboard and balance beam. All participants must be toilet independent and be able to follow directions without the help of a parent.

AGES: 3-4

Super Times Gymnastics

The gymnastics adventure continues. Swinging, rolling, jumping and balancing, children will learn skills on the bars, floor, springboard and balance beam.

AGES: 5-6

Ninja Warrior

Challenge your inner ninja with our Ninja Warrior class. Ninjas will gain endurance and strength with our Ninja Warrior obstacle courses. Climb, crawl, jump, flip, hang and swing your way through a different course each week. Class includes our official Ninja Warrior headband.

All participants must be toilet independent and be able to follow directions without the help of a parent.

AGES: 5-12

Shooting Stars by Invitation Only

Preschoolers who have mastered the skills in Tiny Times and Super Times can advance in this class. All participants must be toilet independent and be able to follow directions without the help of a parent.

AGES: 4-6

Beginner Level 1

Participants learn skills on the traditional gymnastics events, including tumbling, bars, vault and beam, all in a controlled environment. Children who have never been in a gymnastics class before should enroll in Beginner 1.

AGES: 6-14

Beginner Level 2

Participants master the skills developed in Beginner 1, while learning new skills on floor, bars, beam and vault. Children who have previously taken gymnastics classes may sign up for Beginner 2 but must demonstrate the required skills of a Level 2 gymnast.

AGES: 7-14

Beginner Level 3

Participants master the skills developed in Beginner 2, while learning new skills on floor, bars, beam and vault. Children who have previously taken gymnastics classes may sign up for Beginner 3 but must demonstrate the required skills of a Level 3 gymnast. Classes meet two days a week on Mondays and Saturdays.

AGES: 7-14

Boys' Gymnastics

This boys' gymnastics class will feature skills and exercises on the floor, parallel bars, high bar, rings, pommel horse and vault, as well as strength, flexibility and endurance.

AGES: 6-14

Tumbling 1

Rolls to Walkovers

Tumblers will learn progressions from forward and backward rolls up through front and back walkovers.

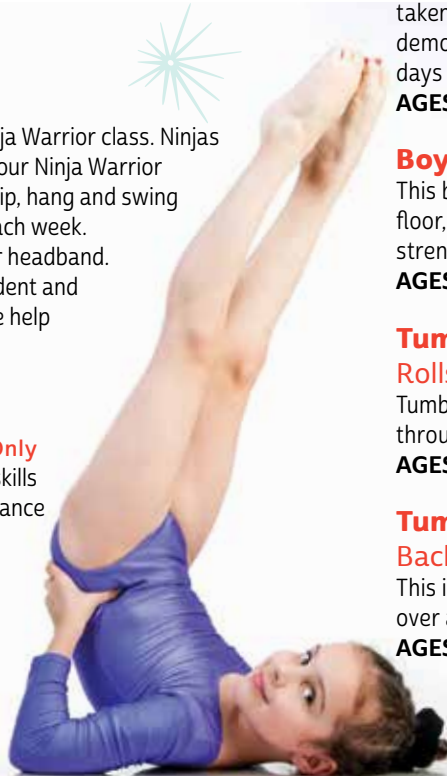
AGES: 6-14

Tumbling 2

Back Handsprings to Back Tucks

This is for tumblers who can successfully perform a back and front walk-over and are ready to learn back handsprings and back tucks.

AGES: 6-14



Gymnastics



DAY	TIME	SESSION 1: AUG 18-SEP 27 NO CLASS 8/30-9/1		SESSION 2: SEP 29 - NOV 8		SESSION 2: NOV 10 - DEC 20 NO CLASS 11/24-30	
Parent Tot Gymnastics		6 Weeks	Fee	6 Weeks	Fee	5 Weeks	Fee
M	9:45-10:15 am	August 18-September 22	\$75	September 29-November 3	\$90	November 10-December 15	\$75
Tu	5-5:30 pm	August 19-September 23	\$90	September 30-November 4	\$90	November 11-December 16	\$75
W	9:30-10 am	August 20-September 24	\$90	October 1-November 5	\$90	November 12-December 17	\$75
Sa	8:30-9 am	August 23-September 27	\$75	October 4-November 8	\$90	November 15-December 20	\$75
Tiny Times Gymnastics		6 Weeks	Fee	6 Weeks	Fee	5 Weeks	Fee
M	10:30-11:15 am	August 18-September 22	\$80	September 29-November 3	\$96	November 10-December 15	\$80
M	6:45-7:30 pm	August 18-September 22	\$80	September 29-November 3	\$96	November 10-December 15	\$80
W	10:15-11 am	August 20-September 24	\$96	October 1-November 5	\$96	November 12-December 17	\$80
W	5:30-6:15 pm	August 20-September 24	\$96	October 1-November 5	\$96	November 12-December 17	\$80
Sa	9:10-9:45 am	August 23-September 27	\$80	October 4-November 8	\$96	November 15-December 20	\$80
Sa	10:30-11:15 am	August 23-September 27	\$80	October 4-November 8	\$96	November 15-December 20	\$80
Ninja Warrior		6 Weeks	Fee	6 Weeks	Fee	5 Weeks	Fee
F	5-5:40 pm	August 22-September 26	\$85	October 3-November 7	\$85	November 14-December 19	\$85
Super Times Gymnastics		6 Weeks	Fee	6 Weeks	Fee	5 Weeks	Fee
M	6:45-7:30 pm	August 18-September 22	\$80	September 29-November 3	\$96	November 10-December 15	\$80
W	10:15-11 am	August 20-September 24	\$96	October 1-November 5	\$96	November 12-December 17	\$80
W	5:30-6:15 pm	August 20-September 24	\$96	October 1-November 5	\$96	November 12-December 17	\$80
Sa	9:15-10 am	August 23-September 27	\$80	October 4-November 8	\$96	November 15-December 20	\$80
Sa	10:30-11:15 am	August 23-September 27	\$80	October 4-November 8	\$96	November 15-December 20	\$80
Beginner Level 1		6 Weeks	Fee	6 Weeks	Fee	5 Weeks	Fee
M	4:15-5:15 pm	August 18-September 22	\$85	September 29-November 3	\$102	November 10-December 15	\$85
M	5:30-6:30 pm	August 18-September 22	\$85	September 29-November 3	\$102	November 10-December 15	\$85
W	5:30-6:30 pm	August 20-September 24	\$102	October 1-November 5	\$102	November 12-December 17	\$85
Sa	10:10-11:10 am	August 23-September 27	\$85	October 4-November 8	\$102	November 15-December 20	\$85
Beginner Level 2		6 Weeks	Fee	6 Weeks	Fee	5 Weeks	Fee
M	4:15-5:15 pm	August 18-September 22	\$85	September 29-November 3	\$102	November 10-December 15	\$85
M	5:30-6:45 pm	August 18-September 22	\$85	September 29-November 3	\$102	November 10-December 15	\$85
W	4:15-5:15 pm	August 20-September 24	\$102	October 1-November 5	\$102	November 12-December 17	\$85
W	5:30-6:30 pm	August 20-September 24	\$102	October 1-November 5	\$102	November 12-December 17	\$85
Sa	11:10 am-12:10 pm	August 23-September 27	\$85	October 4-November 8	\$102	November 15-December 20	\$85
Beginner Level 3		6 Weeks	Fee	6 Weeks	Fee	5 Weeks	Fee
Sa	10:15-11:45 am	August 23-September 27	\$135	October 4-November 8	\$162	November 15-December 20	\$135
Tumbling 1		6 Weeks	Fee	6 Weeks	Fee	5 Weeks	Fee
Tu	5:20-6:20 pm	August 19-September 23	\$102	September 30-November 4	\$102	November 11-December 16	\$85
Tumbling 2		6 Weeks	Fee	6 Weeks	Fee	5 Weeks	Fee
Tu	5:20-6:20 pm	August 19-September 23	\$102	September 30-November 4	\$102	November 11-December 16	\$85



Villa Park Brewfest



TICKETS

Tickets can only be purchased online through Eventbrite and there are a limited number of tickets available. So, purchase your Villa Park Brewfest tickets today!

1-2 pm..... GOLD PASS..... \$69/\$75

Gold Pass Ticket \$69 until August 14
\$75 beginning August 15

- Early Entrance
- Use of Indoor Bathrooms
- Commemorative Tasting Glass
- Complimentary soft drink or water ticket

2-5:30 pm... GENERAL ADMISSION..... \$49/\$55

General Admission Ticket \$49 until August 14
\$55 beginning August 15

- Commemorative Tasting Glass

**GENERAL ADMISSION FEES
INCREASE ON DAY OF EVENT \$60**

Designated Driver Ticket..... \$15

- Complimentary pop and bottled water at the DD tent

This event is a 21 and older event; even the Designated Driver ticket holders need to be 21. No pets of any kind are allowed. Children are strictly prohibited from attending (including but not limited to babies in strollers or being carried in any sort of baby carrier).

Saturday October 2-5:30

CORTESI MEMORI

318 E. KE



Park BREW FEST

2017



STAY UP TO DATE ON THE LATEST VILLA PARK
BREW FEST EVENT BY VISITING OUR WEBSITE,
WWW.INVILLAPARK.COM/BREW FEST



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BREW FEST SPONSOR?**

**WE OFFER MULTIPLE
WAYS TO SPONSOR
OUR TASTY EVENT.**

For more information, please
contact Gina Racanelli at
GRacanelli@invillapark.com.

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**VETERANS
AL PARK**

NILWORTH



**SCAN QR CODE WITH
YOUR PHONE TO
PURCHASE TICKETS**

EST. 2024

One80sports

Turn Your Game Around

Benefits of Choosing One80sports Classes

Engaging and Educational: Classes are crafted to be both enjoyable and instructive, ensuring that children learn valuable sports skills while having fun.

Experienced Coaching: Our professional coaches create a positive, encouraging atmospheres for all participants.

Flexible Scheduling: Weekly sessions are designed to fit seamlessly into family schedules.

Affordable Pricing: At \$60 per athlete per session, our programs offer exceptional value for high-quality instruction.

ALL ONE80SPORTS ARE HELD AT THE VILLA PARK RECREATION CENTER UNLESS INDICATED

Introducing One80sports



At One80sports, we are committed to igniting a passion for sports in young athletes while focusing on both fun and fundamental skill development. Our engaging programs are designed to build foundational athletic skills, foster teamwork and promote a lifelong love of physical activity. We are excited to partner with local park districts and recreation departments to offer a range of youth sports classes.

One80sports Basics of Basketball

Introduce your child to the basics of basketball with engaging drills and activities that develop hand-eye coordination, balance and teamwork. This class uses age-appropriate equipment to teach dribbling, shooting and basic game concepts in a fun setting.

AGES: 4-6

\$60 5 CLASSES

M 4:30-5 pm Sep 15-Oct 13

One80sports Next Level Basketball

Build on foundational skills with more advanced techniques in dribbling, shooting and passing. Participants will also work on game strategies and teamwork, all within a supportive and enjoyable environment.

AGES: 7-11

\$60 5 CLASSES

M 5:15-6 pm Sep 15-Oct 13

One80sports Dodgeball Dash NEW

“Dodge, Duck, Dip, Dive... and Dodge!” Each class is full of energy, laughter and plenty of movement as players learn skills like throwing accuracy, dodging technique and strategic gameplay – all in a safe and supportive environment. Whether your child is new to the game or a seasoned dodgeballer, they’ll love the variety of mini-games, creative challenges and team-based matchups designed to build confidence, agility, and sportsmanship.

AGES: 8-12

\$60 5 CLASSES

M 5-6 pm Oct 27-Nov 24

One80sports Parent-Tot Sports

A fun, high-energy introduction to sports for your young athletes. Focus on developing motor skills, coordination and confidence while introducing new sports. Parents actively participate, helping their child build strength, agility and a love for movement.

AGES: 2-3

\$60 5 CLASSES

W 4:30-5 pm Sep 17-Oct 15
W 4:30-5 pm Oct 29-Nov 26

One80sports Speed and Agility

Introduce your child to the importance of speed and agility training. Speed and agility training is essential for athletes across various sports, enhancing performance by improving quickness, coordination and overall athletic ability. This type of training focuses on the body’s ability to move efficiently and rapidly in different directions, which is critical for success in competitive environments.

AGES: 6-12

\$60 5 CLASSES

W 5:15-6 pm Sep 17-Oct 15
W 5:15-6 pm Oct 29-Nov 26

One80sports Sandlot Showdown T-Ball Style NEW

Join us every week for a fast-paced game of sandlot baseball. 5 teams will compete against each other in this innovative take on the game we love. Kids will get more at bats, play all the positions and learn about the game of baseball while hanging out with friends. This is T-ball only and players must bring their glove.

AGES: 4-6

\$60 5 CLASSES

FRANKLIN PARK

Sa 9-10 am Sep 6-Oct 4

One80sports Winter Break Basketball Camp NEW

Get ready to stay active and level up your skills! Our 2-day Co-Ed Winter Break Basketball Camp is designed for young athletes of all skill levels who want to improve their game, stay sharp and have fun in a supportive and energetic environment.

GRADES: 3-8

\$25 2 CLASSES

M-Tu	4-5 pm	Grades 3-5	Dec 29-30
M-Tu	5:15-6:15 pm	Grades 6-8	Dec 29-30

One80sports Beginner Pickleball NEW

Join our fun and engaging youth pickleball class designed for kids to learn the basics of this fast-growing sport! Players will develop hand-eye coordination, footwork and paddle skills through age-appropriate drills and games. Each session focuses on teamwork, sportsmanship and building confidence on the court. Whether your child is brand new or looking to sharpen their skills, this class is perfect for all experience levels.

AGES: 10-13

\$60 4 CLASSES

Tu	5:45-6:45 pm	Sep 9-Sep 30
Tu	5:45-6:45 pm	Oct 7-Oct 28



Willowbrook Jr Warriors Travel Basketball

Looking to elevate your game? Experience the thrill of competitive basketball while forging lifelong friendships and building essential skills on and off the court as part of the Willowbrook Jr Warriors travel basketball program!

Our winter league provides a supportive environment for boys (4th-8th grade) and girls (4th-8th grade) to develop their talents, participating in the DuPage Youth Travel Basketball League (DYTBL). Get ready to showcase your skills against talented teams from across the area and seize opportunities for personal growth and development.

Don't miss out on this incredible opportunity to be part of a dynamic basketball community and make lasting memories. Tryouts will be held Saturday, September 20th and Sunday, September 21st at Willowbrook High School.

LIKE AND FOLLOW US ON

FACEBOOK facebook.com/wbjrwarriors
INSTAGRAM instagram.com/wb_jrwarriors

Register today at wbjrwarriors.org and let your basketball journey begin!



For more information regarding our Willowbrook High School feeder program and upcoming season, please reach out to us at wearewarriors@wbjrwarriors.org.



Villa Park Youth Baseball & Softball

In-house & travel ball available

Information available at www.vpyb.com

Follow us on www.facebook.com/VPYB1

Contact: president@vpyb.com | 773-307-5633

Sugar Creek Golf Course

500 East Van Buren, Villa Park

2025 Sugar Creek Rates can be found on their website. sugarcreekgolfcourse.org



**Reserve and prepay
for your tee time online today!**

**Scan Code with Your Phone for Schedule
and Online Registration.**





Chicago Elite Youth Volleyball Academy



NO EARLY BIRD REGISTRATION

Chicago Elite Youth Academy is a child development program created to both introduce children to the game of volleyball, as well as continue to improve their individual skill development in the sport. Chicago Elite classes develop important volleyball skills such as passing, setting, attacking, blocking, serving, defense and movement. Players will be divided according to both skill level and age and challenged accordingly. Players should wear comfortable clothes, bring a labeled water bottle, indoor athletic shoes and kneepads.

\$80 4 CLASSES

VILLA PARK RECREATION CENTER

GRADES: 2-5

Th	4-5 pm	Aug 14-Sep 4
Th	4-5 pm	Sep 11-Oct 2
Th	4-5 pm	Oct 9-30

GRADES: 6-8

Th	5-6 pm	Aug 14-Sep 4
Th	5-6 pm	Sep 11-Oct 2
Th	5-6 pm	Oct 9-30



NO EARLY BIRD REGISTRATION

TOT Learn To Skate

Tots 1-4 skaters will learn all the beginning skating skills required to promote to the next level of hockey & figure skating. Gloves & helmets are mandatory for tot skaters.

Skate rental available for \$4.00 per class.

ADDISON ICE RINK 475 S GRACE ST, ADDISON, IL 60101

\$140 7 CLASSES NO CLASS 11/29

AGES: 3-5

F	4:50-5:30 pm	Sep 5-Oct 17
F	4:50-5:30 pm	Oct 24-Dec 19
Sa	9:30-10:10 am	Sep 6-Oct 18
Sa	9:30-10:10 am	Oct 25-Dec 20



NO EARLY BIRD REGISTRATION

Basic 1 & 2 Instructional

Basic 1 & 2 skaters will learn beginning skating skills to prepare for the next level of skating. Gloves & helmets are highly recommended.

Skate rental available for \$4.00 per class.

AGES: 6 and older

\$150 7 CLASSES NO CLASS 11/29

ADDISON ICE RINK 475 S GRACE ST, ADDISON, IL 60101

F	4:50-5:40 pm	Sep 5-Oct 17
F	4:50-5:40 pm	Oct 24-Dec 19
Sa	9:30-10:20 am	Sep 6-Oct 18
Sa	9:30-10:20 am	Oct 25-Dec 20

Villa Park Club Soccer Competitive Soccer Clinic and Match Play

In partnership with Willowbrook and P2Soccer, Villa Park Recreation is excited to continue to offer this competitive soccer opportunity for those players with aspirations of high school soccer and beyond. Professional soccer coaches from P2Soccer's international training team will be delivering competitive-level soccer training for players that include developmental based training activities and both in house and competitive soccer games versus other club programs. **Groups will train on Wednesdays and have match-play opportunities on Fridays.**

AGES: 6-12

\$125 12 CLASSES

TWIN LAKES PARK

W & F 4:30-5:30pm Sep 10-Oct 15

Indoor Turf Soccer League 2025 - 2026

In cooperation with FSC and P2Soccer, join an exciting, fast-paced indoor soccer league on turf fields! Over the course of 6 game days, players will kick off with a 15-minute warm-up focused on motor skills and technical development, led by a professional coach. Afterward, they'll compete in a 40-minute, 5v5 indoor match! Players can sign up individually and be placed on a team or register with friends (subject to availability). Professional coaches will provide in-game guidance, while volunteer coaches are needed to lead teams through the season. Don't miss out on the fun and developmental action!

Players will receive an FSC Indoor Soccer League Team shirt.

\$120 6 CLASSES NO CLASS 11/29, 12/27

DISTRICT 44 CONNECT CENTER

AGES: 5-6

9-10 am	Nov 22-Jan 10	Registration Deadline is November 15
9-10 am	Jan 24-Feb 28	Registration Deadline is January 17

AGES: 7-8

10-11 am	Nov 22-Jan 10	Registration Deadline is November 15
10-11 am	Jan 24-Feb 28	Registration Deadline is January 17



NO EARLY BIRD REGISTRATION

Ultimate Futsal League

P2Soccer provides coaches for Ultimate Futsal in this fast-paced soccer program open to all players right here in Villa Park! You will learn how to play Futsal in this 8-week introductory program. Futsal sharpens reflexes, requires fast decision making and very little time on the side-lines, which is why it's becoming a favorite with soccer players. Certified Futsal coaches will spend the first part of each class teaching Futsal skills, then each class will end in Futsal scrimmage! This program promises to be a great option for all soccer and Futsal players, but also for those looking to try something new. One hour per week includes 20 minute practice, followed by 2v2, 3v3, 4v4, or 5v5 Futsal games. This program uses weighted balls that ensure the ball stays on the ground. **Shin guards are required. No Cleats; Indoor athletic shoes required on the gym floor.**

Bring athletic shoes and change into them inside the building

\$99 7 CLASSES NO CLASS 1/19, 2/16

JACKSON MIDDLE SCHOOL

AGES: 6-8

M 6-7:30 pm Jan 12-Mar 9

AGES: 9-12

M 7:30-8:30 pm Jan 12-Mar 9





Conquer The Court Instructional Youth Basketball Leagues



Sign up now, invite your friends and prepare to Conquer the Court!

Registration Recreational Youth Basketball League

**EARLY DISCOUNTED REGISTRATION ENDS
ON WEDNESDAY, OCTOBER 15, 2025**

**EARLY DISCOUNTED REGISTRATION\$107
ONLINE OR AT THE VILLA PARK RECREATION CENTER**

**THURSDAY, OCTOBER 16 –
SATURDAY, NOVEMBER 15, 2025**

**OPEN REGISTRATION \$117
ONLINE OR AT THE VILLA PARK RECREATION CENTER**

Registration after November 15 will be accepted only with Program Supervisor approval.

November 15, 2025-March 21, 2026

**No practice or games November 24-29, 2025
and December 24-27, 2025-January 3, 2026.**

November 15, 2025-March 21, 2026, includes one-hour skills practice each week, with scrimmages and games on scheduled Saturdays.

**Players must purchase a reversible jersey for \$22
(or use one from previous winter seasons).**

Grades K-2 players will be assigned to practice at the Villa Park Recreation Center.

Grades 3-8 players will be assigned to practice at either Jackson or Jefferson Middle School.

Separate Boys and Girls leagues in grades 5-8.

(Please note, if we do not have enough players for the Grades 3-4 Girls to hold a league, we may combine with Grades 3-4 Boys.)



November 15 - December 20, 2025 No practice or games Nov 24-29, 2025.

Grades K-8: OPEN HOUSE will be held on Saturday, November 15, 2025, at Willowbrook High School.

Grades K-8: One, 1-hour practice course is held during the week and a 1-hour Skills-Camp led by Coaches on Saturdays at Willowbrook High School will focus on Skills, Drills & Scrimmages.

January 10 - March 21, 2026

Grades K-4: 3v3 basketball with a 1-hour practice during the week and two half-court (20 minute) games on Saturdays at Willowbrook High School or the New Villa Park Recreation Center.

Grades 5&6 and 7&8: 5v5 Basketball practices will continue the same days and these grade levels will play in the 5v5 League with Lombard Park District.

Grades Kindergarten Co-Rec

Grades 1 & 2 Co-Rec

Grades 3 & 4 BOYS

Grades 3 & 4 GIRLS

Grades 5 & 6 BOYS

Grade 5 & 6 GIRLS

Grade 7 & 8 BOYS

Grade 7 & 8 GIRLS

Volunteer coach: The success of Villa Park Youth Leagues depends on the generosity of volunteer coaches. Curriculum and coach support provided by VILLA PARK · Parks and Recreation Basketball Coordinator, Nathan Cook. New coaches are welcome. Experience is helpful, but not necessary. **Please contact Nathan Cook (ncook@invillapark.com) or Ryan Weiler (rweiler@invillapark.com) for more information.**



High School Basketball League

In collaboration with the Lombard Park District

Games will run
January 11 - March 15

Gather your friends and form a team to extend your basketball career through high school!

Before the season begins, teams will have weekly practices. Once games start, additional practices are only scheduled upon request.

Games are held on Sunday starting on January 11. Each team will play 9 regular season games, followed by an end-of-season single elimination tournament.

- All players will receive game jerseys with their registration fee and they will be distributed before their first scheduled game.
- Eligibility: Players who are on their high school's official basketball team are not eligible to participate due to I.H.S.A. rules.
- All players must be enrolled in high school during the 2025-26 season.

Adults over 21 are interested in coaching, apply as soon as possible to secure a team for the upcoming season.

\$129 BEFORE OCTOBER 13, 2025

\$154 OCTOBER 14-NOVEMBER 10, 2025

GAMES WILL BE AT VARYING LOCATIONS

GRADES: 9-12

Su 11 am-4 pm

Jan 11-Mar 15

Adult Soccer Co-Rec Pickup **NEW**

Come out to Twin Lakes Park for some co-rec adult soccer games! There are two different fields to utilize depending on how many people come each week. Pick your own teams and have some fun! All skill levels are welcome.

Maximum of 25 players.

AGES: 18 and older

TWIN LAKES PARK

\$40 7 WEEKS

Sa 1-3pm

Sep 6-Oct 18



Adult Women's Volleyball A, B and C Leagues

The Women's Volleyball Leagues feature two halves of play: **Fall and Winter/Spring**

Captain's meeting is on Thursday, September 4, 7:00 pm

**Thursday night games start Thursday, September 11
Locations TBD**



In-Person or Online Team Registration deadline is Wednesday, August 27

REGISTRATION FEE:

\$375/TEAM

FALL 2025 SEASON: 10 MATCHES

\$375/TEAM

WINTER/SPRING 2026 SEASON: 10 MATCHES

\$700/TEAM

BOTH FALL 2025 AND WINTER/SPRING 2026



Adult Pickleball

Pickleball is the fastest growing sport in the world. It is a paddle sport that combines elements of tennis, badminton and ping-pong using a paddle and a plastic ball with holes. It is a sport that is appropriate for players of all ages and skill levels. Pickleball is a low-impact sport that is easier on the knees and shoulders, while offering a social activity that is great exercise. Bring your own equipment or use the equipment provided. Whether you are a beginner, intermediate or advanced pickleball player, you will learn and advance your game at Villa Park Pickleball.

Instructional Pickleball

Evening Beginner Pickleball

Learn from experienced Pickleball coaches at the Villa Park Recreation Center.

AGES: 14 and older

\$50 (MAX 8 PEOPLE) 4 CLASSES

VILLA PARK RECREATION CENTER

Tu	7-8 pm	Sep 9-30
Tu	7-8 pm	Oct 7-28
Tu	7-8 pm	Nov 4-25

Beginning Pickleball

This class will teach you the fundamentals of pickleball. Topics covered include the introduction to basic strokes: dinks, volleys, ground strokes and serves; rules, scoring and court positioning.

AGES: 18 and older

\$25 2 CLASSES (MINIMUM 4 AND MAX 8)

VILLA PARK RECREATION CENTER

M/W	2:30-4 pm	Sep 8, 10
M/W	2:30-4 pm	Oct 6, 8
M/W	2:30-4 pm	Nov 3, 5
M/W	2:30-4 pm	Dec 1, 3

Advanced Beginner Pickleball

This class will teach you more in-depth pickleball skills and strategy to help you fine tune your basic strokes and to successfully finish your points. The topics covered include serves, serve returns, transition shots, playing at the non-volley zone, as well as introducing third shot drops, overheads and lobs. Prerequisite: The ability to serve, dink, volley and rally back and forth a few times. If you don't meet this requirement, please see our Beginner class offerings.

AGES: 18 and older

\$25 2 CLASSES (MINIMUM 4 AND MAX 8)

VILLA PARK RECREATION CENTER

M/W	2:30-4 pm	Sep 15, 17
M/W	2:30-4 pm	Oct 20, 22
M/W	2:30-4 pm	Nov 17, 19
M/W	2:30-4 pm	Dec 13, 15

Pickleball League

Be the first to join Villa Park Pickleball League! The first 15 players to register will play in a round robin tournament each Friday. Register as an individual. Every player plays at least 4 games each Friday. The top 3 winners for each league will receive 50% off on the next league play. The first 4 on the waitlist will substitute for free when called. Intermediate (and above) level players.

AGES: 12 and older

VILLA PARK RECREATION CENTER

\$50 5 CLASSES

F	7-9 pm	Sep 5-Oct 3
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\$50 5 CLASSES

NO CLASS 10/17, 10/31

F	7-9 pm	Oct 10-Nov 21
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Open Instructional Pickleball

Open Pickleball

AGES: 18 and older (players over 12-17 years old are welcome with an adult over 21)

Villa Park Residents

\$5 DROP-IN FEE; \$40 TEN (10) PUNCH PASS

Non-Residents

\$6 DROP-IN FEE; \$50 TEN (10) PUNCH PASS

JACKSON MIDDLE SCHOOL (3 COURTS)

Th	6:45-8:45 pm	Oct 2-Dec 18	NO CLASS 11/27
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Monday Night Pickleball

Beginners to Advanced Pickleball players will have the opportunity to play Pick-up games and receive instruction from our experienced Pickleball Instructors. Participants must purchase a daily Open Gym daily pass, punch pass or be a member.

AGES: 18 and older

Villa Park Residents

\$5 DROP-IN FEE; \$40 TEN (10) PUNCH PASS

Non-Residents

\$6 DROP-IN FEE; \$50 TEN (10) PUNCH PASS

VILLA PARK RECREATION CENTER

M	6:45-8:45 pm	Sep 8-Dec 15
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Pickleball Tournament

Friday, November 28, 1-4 pm

Register your team in this Black Friday Brawl round robin pickleball tournament.

- Every team plays at least 5 games.
- Top 8 teams advance to a final play off.
- Top 3 teams will receive a prize.

AGES: 12 and older

\$50

VILLA PARK RECREATION CENTER





Martial Arts / Fitness



Martial Arts



Welcome to Villa Park Tang Soo Do where future Black Belt leaders are born. Master Tony Perkins, in cooperation with Eagle Academy of Martial Arts, employs his 30 + years of teaching experience to create a safe, fun and enriching experience for students of all ages. Classes are run year-round: Winter, Spring, Summer and Fall!

**CLASSES ARE HELD AT
VILLA PARK RECREATION CENTER,
320 E. WILDWOOD AVE., VILLA PARK.**

Little Champions

Training designed for our youngest martial artists of all ranks. Using soft targets, focused games and obstacle courses, students will learn the basic stances, punches, kicks and blocks used in the martial arts. In addition, they will improve their gross motor skills, balance and coordination. Emphasized throughout the lessons are the essential tenets of concentration, respect and self-control.

AGES: 4-5

\$105 11 CLASSES NO CLASSES 10/30
Th 5:30-6:15 pm Sep 4-Nov 20

Young Leaders

Beginning & Returning up to Green/Orange belt

AGES: 6-12

\$105 11 CLASSES
M 6-6:45 pm Sep 8-Nov 17
M 7-7:45 pm Sep 8-Nov 17

Intermediate/Advanced Youth

Orange/Green belt & Up

Advanced training provided to returning participants who hold the rank of orange/green through brown belt. This program takes a youth centered approach and is designed for the intermediate belts focusing on rank required skills and techniques. Classes include basic and advanced kicks, punches, targeting, self-defense skills and one-on-one sparring drills. In addition to demonstrating the essential tenets of Martial Arts, students are also expected to perform basic techniques with greater proficiency.

AGES: 6-13 (*Youth 14+ may be allowed with instructor consent*)

\$105 11 CLASSES NO CLASSES 10/30
Th 6:30-7:15 pm Sep 4-Nov 20

Adult Group

All ranks (Adv Youth allowed with instructor consent)

AGES: 13 and older

\$110 11 CLASSES NO CLASSES 10/30
M 8-9 pm Sep 8-Nov 17
Th 7:30-8:30 pm Sep 4-Nov 20

Personal Training

Villa Park Fitness Center members have an opportunity to work with a Personal Trainer to create a personalized workout plan to improve your muscular endurance, flexibility and cardiovascular health. Your Personal Trainer will help you establish short and long-term fitness training goals, understand proper exercise techniques, safety protocols and injury prevention. Personal Training can also be used to improve sports performance for an athlete looking to perform better in an upcoming season or school year.

One (1), three (3) and five (5) one-hour sessions are available. Members can register for Personal Training as a Single client or Partner (2) clients.

Single Member:

1 Hour Session \$50
3 Hour Session \$140
5 Hour Session \$225

Partner (2) Members:

1 Hour Session \$75
3 Hour Session \$215
5 Hour Session \$350

Fitness Orientation

As a VPRC Fitness Center Member, you can learn about the amenities in the Fitness Center in a FREE 45-minute orientation led by a certified personal trainer and show you how to use the equipment.

Fitness Center Orientations are required by members ages 12-17 before they are able to utilize the facility.

Times available are:

Monday 9 am, 11 am, 12 pm
Tuesday 1:15 pm, 5 pm
Wednesday 8:15 am, 10:30 am, 1:15 pm, 2 pm
Thursday 8 am, 2 pm
Friday 7 am, 10:30 am, 1:15 pm
Saturday 2 pm, 3 pm

Yoga

Yoga is devoted to the development of strength, stamina, flexibility, balance, focus and dedication regarding each person's body and needs in mind. Bring your own Yoga mat, (2) yoga blocks and a strap. Monday Yoga classes have been taught by Yoga Teachers Group, Inc for over 15 years. Please wear comfortable clothing.

AGES: 13 and older

VILLA PARK RECREATION CENTER

\$62 6 CLASSES
M 6-7 pm Aug 25-Oct 6
M 6-7 pm Oct 13-Nov 17

\$52 5 CLASSES
M 6-7 pm Nov 24-Dec 22



GROUP FITNESS CLASSES

September 2-December 19, 2025 NO CLASS 11/27

10% Discount with VPRC Fitness Center Membership on Group Fitness Passes!

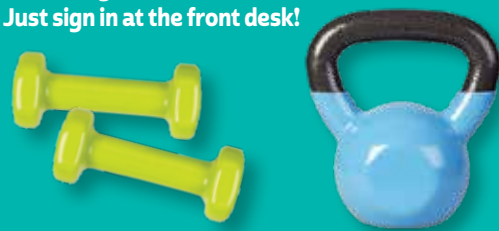
Individual Fitness Classes: \$8/Residents or \$9/Non-residents

# of Passes	Basic Punch Pass Fee	With an Annual VPRC Fitness Center Membership (10% discount)	If purchased by Sep. 29, 2025
10 Punch Pass	\$65	\$58.50	\$60
14 Punch Pass	\$80	\$72	\$75
18 Punch Pass	\$95	\$85.50	\$90
22 Punch Pass	\$110	\$99	\$105

These are Villa Park Resident Rates. Non-residents add \$3 to your Punch Pass total.

FREE FITNESS WEEK September 22-28

This week you can try our Group Fitness classes, VPRC Fitness Center, Stretching Area and Indoor Track at no cost! Just sign in at the front desk!



Passes are available online. Please call the 630-749-3200 for more information.

Join us for Group Fitness Classes at the Villa Park Recreation Center!

FITNESS CLASS DESCRIPTIONS

Group Fitness classes will be evaluated monthly and adjusted based on consistent minimum participation numbers. All fitness levels welcome. Modifications made to individual needs. Classes and class times subject to change. Members ages 12-17 can attend classes with an adult.

Balance, Strength, and Core (BSC) Circuit with Susan

A 10 station circuit, 2 exercises at each station. 1 minute on, 30-second rest.
W 10:15-11am

Bulletproof Basics with Patrick NEW

A slower-paced class focused on joint strength, posture and foundational movement. This class is perfect for anyone who wants to move without any heavy impact. Think of it as a full-body tune-up that builds strength from the inside out.

Th 6-6:45 am
Th 3:30-4:15 pm

Cardio Circuits with Brian

Kickstart your morning with a heart-pumping Cardio Circuit class designed to get you moving, burning calories and feeling great! High-energy circuits will boost your metabolism and torch calories. Mix up your routine with bodyweight exercises, resistance training and dynamic movements that tone and strengthen.

M/W/F 6-6:45 am

Core and Flow with Patrick NEW

Come work on your core strength, joint stability and mobility! The goal of this class is to help you move better, feel stronger and reduce the risk of injury. Each session would include a dynamic warm-up, controlled core exercises, balance/coordination drills and joint-friendly strength movements.

Tu 6-6:45 am
Tu 6:30-7:15 pm

Friday Fitness FUN with Brian

Get ready for an exciting weekend starter with this fun cardio boxing and high intensity exercise class. No boxing experience is necessary! This workout starts with some circuits and then you'll learn the basics of boxing. Burn fat and improve your stamina with heart-pumping cardio intervals. Whether you're a beginner or advanced, you'll be pushed to reach your limits while having a blast. Check it out for yourself or bring a friend and workout together.

F 5:30-6:30 pm

Functional Fitness with Brian

Improve your strength, flexibility, stability and endurance. This class will help build muscle and increase mobility to prepare your body for everyday movements. We will use hand weights, box steps, bands and balls. Class can be modified and done seated as well.

Tu/Th 10:15-11 am

Heavy Lifting Foundations with Brian NEW

This focused, small-group weight training class is built around heavy lifting and low reps (1-5 per set). Whether you're looking to build power, develop maximal strength, lay a solid foundation, or refine your technique under load, this class delivers. You'll train the core barbell lifts: Deadlift, Back Squat, Front Squat, Bench Press and Overhead Press. With an emphasis on proper form, progressive overload and full-body engagement, each session features structured sets with ample rest to maximize performance. Coaching includes technique cues, spotting and programming strategies to help you lift safely and effectively. This is not a high-rep conditioning class, this is about strength. Ideal for anyone looking to get stronger, improve full-body performance with compound lifts and build confidence with barbells. (Max of 4 per class).

Su 9-9:45 am

Kettlebell Strength & Conditioning with Brian NEW

Our Kettlebell Strength & Conditioning class is designed for people of all fitness levels who want to build strength, improve endurance and enhance functional movement in a supportive and motivating environment. This full body workout combines kettlebell swings, presses, squats and dynamic movement patterns to deliver efficient, effective training that targets strength, power, mobility and cardiovascular health all at once. Kettlebell training is a time-tested method for building real-world strength and conditioning. Their unique shape and dynamic nature make kettlebells ideal for developing lean muscle and total-body strength, while also improving balance, coordination and core and joint stability. Kettlebell workouts enhance mobility, support joint health and combine strength with cardio to burn fat efficiently. This well-rounded approach boosts both everyday movement and athletic performance.

Tu/Th 11:15 am - 12 pm



Fitness and Wellness / Adult Activities

FITNESS CLASS DESCRIPTIONS CONTINUED

Line Dance with Linda

This class will bring you joy as you dance to some of the most popular line dances including the Electric Slide, Cha Cha Slide, Boot Scootin' Boogie and more!

NO CLASS 9/5, 11/28

F 9-10 am

Mat Pilates with Patrick **NEW**

This is a core-focused session using just a mat and occasionally bands or props. Great for beginners or advanced members, recovery or anyone looking to build better control and posture.

W 7-7:45am

W 3:30-4:15pm

Next Level Motion with Patrick **NEW**

This class will focus on explosive power, speed, coordination and athletic mobility. Level up your performance safely and intentionally with proper movement patterns and power-based training. Great for young athletes to work on mobility, but with a more dynamic, sports-ready approach.

Su 8-8:45 am

Su 12-12:45 pm

Senior Functional Fitness and Strength with Susan

Improve your strength, flexibility, stability and endurance. This class will help build muscle and increase mobility to prepare your body for everyday movements. We will use hand weights, box steps, bands and balls. Class can be modified and done seated as well.

W 11:15 am-12 pm

Walking Strong with Susan

We will walk on the track, or on the outside path. We provide the trekking poles. We will break periodically for balance and strength.

NO CLASS 10/3, 11/14, 11/21

F 10:15-11 am

Weights & Cardio with Brian

Fuel your day with a high-energy midday class that combines the best of strength training and cardio, perfect for boosting metabolism and toning your body, all in one power-packed workout! Build strength, sculpt muscle and increase overall power with dumbbells, kettlebells and more! This is a full-body workout that targets every muscle group, so you leave feeling stronger and energized!

M-F 12:15-1 pm

ALL CLASSES ARE HELD AT THE VILLA PARK RECREATION CENTER

Can Do Academy

Matt is a Certified Professional Dog Trainer through the CCPDT. He's been training dogs for over 6 years and originally apprenticed under a trainer with 20+ years experience. While Matt specializes in Behavioral Training, he loves working with all dogs and is dedicated to helping pet parents live happier lives with their furry friends.

Find additional information at dogscando.com. Bring your own harness, treat pouch and treats.

Please no sandals or flip flops in class.

AGES: 18 and older \$150



Puppy Kindergarten

This class is designed for pet parents and pups with little to no formal training experience. The curriculum will cover early obedience, training games to assist in developing good behavior and how to address potty training. Additionally, the program will help you develop proper manners: train and manage nipping, chewing, over excitement and how to help your dog enjoy going on car rides, seeing the vet and going to the groomer.

• **Obedience – Sit, Watch, Down, Stay, Recall, Introduction to Leash Walking**

• **How to Develop a Potty-Training Schedule and address potential issues**

• **Basic Puppy Manners**

• **Training Games to Reinforce Good Behavior**

Puppy Age Requirement: 9 weeks to 5 months

Vaccine Requirements: First Round of Booster Vaccines

Sa 10-11 am Sep 20-Oct 25

Sa 10-11 am Nov 8-Dec 20

Adult Obedience Class

This basic obedience class is ideal for pet parents and dogs with little to no formal training experience. You'll learn essential foundation skills all dogs should know. The curriculum will focus on using positive reinforcement techniques, as well as verbal and body cues, hand signals and effective communication through voice, posture and body language to connect with your canine companion.

• **Basic commands: Loose Leash Walking, Sit, Watch, Down, Stay, Recall**

• **How to engage your dog when they are distracted**

• **How to address basic behavioral issues**

• **How to use Management in everyday life**

Dog Age Requirement: 6 months or older

Vaccine Records: Distemper/Parvo, Rabies, Bordetella

Sa 11:30 am-12:30 pm Sep 20-Oct 25

Sa 11:30 am-12:30 pm Nov 8-Dec 20

SENIOR CONCERNS COMMISSION

The Senior Concerns Commission meets the first Monday of each month at 6 pm at the Village Hall, 20 S. Ardmore Ave. The meeting is open to the public. Seniors and those interested in issues which are senior related are invited. For information contact the Village Manager's office, 630-592-6052.

RECEIVE THE GOLDEN TIMES NEWSLETTER

Don't miss out on the latest trips and activities. Call 630-749-3182 to be put on the mailing list.

IN AND AROUND TOWN

Subsidized taxi rides for Villa Park residents ages 65 and older and physically challenged residents, living within the boundaries of Villa Park, are available for \$1 per ride per person. A photo ID card is necessary. For information call Village Hall, 630-834-8500.

York Township offers transportation for residents ages 55 and older. You must be registered at York Township to participate and you need to call 630-620-2424 two business days (Monday-Friday), prior to your trip. The cost per ride varies from \$2-\$4 each way.



ALL CLASSES ARE HELD AT THE VILLA PARK RECREATION CENTER

CANNING CLASSES NEW

Liz Perlotto, an avid home-canner, will teach you all about canning!

Intro to Canning

This class will explain the types of canning (waterbath, oil, refrigerator, pressure canning), safety for home canning, supplies needed and recipes for canning different items. You'll also learn what items are appropriate to can/preserve, how long canned products last and what to do with leftover pickling juices.

AGES: 18 and older

\$48

Tu 6-7 pm Sep 2

Making Your First Pickle

This class will start with a pickled item tasting, then you'll enjoy a hands-on demo on pickling. Bring an item from your garden or home (does not need to be cucumbers/pickles, other vegetables are also good options) to pickle. All supplies provided.

AGES: 18 and older

\$56

Tu 6-8 pm Oct 7

Fun with Watercolors

Perfect your skills or learn new skills in the beautiful art of watercolor with our experienced instructor, Nancy, who will show you how to take the basic elements of painting and turn them into a beautiful watercolor. All supplies are provided and a new painting will be completed to take home each class. Please register at least one week prior to each class.

AGES: 18 and older

\$14 PER CLASS

Th 10:30-11:30 am Sep 18, Oct 16 Nov 20

National Days

Every day is a National-something-or-other day so let's celebrate one each month! We'll enjoy the treat of the day and socializing.

AGES: 18 and older

\$5 PRE-REGISTRATION; PAYABLE AT THE DOOR

National Pot Pie Day

Tu 1-2pm Sep 23

National Apple Pie Day

Tu 1-2 pm Oct 21

National Sundae Day

Tu 1-2 pm Nov 11

Beautiful Bouquets

Create your own beautiful fresh floral bouquet to bring home to enjoy or give as a gift. All supplies are provided.

\$36

W 4-5 pm Dec 17

ALL ABOUT CHEESE

Meredith Meder, a Certified Cheese Professional and owner of Full Circle Cheese, will present two unique classes where you'll learn all about cheese. **\$28 EACH CLASS**

Autumn Cheeses NEW

Well, it's not pumpkin spice time quite yet, but fall has several cheese varieties that bring sweater weather nostalgia to mind.

Tu 6:30-7:30 pm Sep 23

Halloween Candy and Cheese Pairing Workshop NEW

Rediscover your favorite Halloween candy when you pair it with cheeses. You'll be in for a "treat."

Tu 6:30-7:30 pm Oct 28



Dining Destinations

Let's hit the road and enjoy dining at great restaurants. These trips are all inclusive and fee includes transportation, lunch, tax and tip.

10:30 am - 1:30 pm

\$37 PER TRIP

Tu	Sep 9	Grand Duke's Restaurant, Downers Grove
W	Sep 24	Baker's Square, Woodridge - Free Pie Wednesday
F	Oct 3	Harner's, North Aurora, 1st Friday of month Pig Roast
Tu	Oct 14	Merichka's Restaurant, Joliet
Tu	Nov 18	Yu's Mandarin, Schaumburg
Su	Dec 7	White Fence Farm, Romeoville

Friday Mystery Trips

We'll try a new restaurant each month...and only the bus driver will know the destination! Trust us on this one folks, it will be a fun time. Fee includes transportation, lunch, tax and tip.

AGES: 18 and older

\$37 PER DATE

F 10:30am - 1 pm Sep 26, Oct 24, Nov 21, Dec 19



Adult Activities

ALL CLASSES ARE HELD AT THE VILLA PARK RECREATION CENTER

Donut Bingo

Let's get together Wednesday mornings and enjoy a donut, coffee, socializing and a few games of Bingo.

Please RSVP one week prior to each date.

AGES: 18 and older

\$5 DROP-IN FEE PER DATE, PAYABLE AT THE DOOR

9:45 -11 am

- W Sep 3, 17
- W Oct 1, 15, 29
- W Nov 5, 19
- W Dec 10

Birthday Bunch & Lunch

Area seniors are invited to join us for this monthly celebration which features lunch, dessert and Bingo with prizes. Come out for the fun. We'll sing "Happy Birthday" to those celebrating their birthday each month.

\$10 PER PERSON/PER DATE, PAYABLE AT THE DOOR

Th 12-2 pm Sep 11, Oct 9, Nov 13, Dec 11

Lunch & Learn with Lexington NEW

Enjoy a light lunch and a presentation by a Lexington of Lombard representative - Senior Living Playbook - discover the ins and outs of senior living.

FREE

Tu 11:30 am-1 pm Sep 16

Potluck Lunch

Let's get together to socialize and enjoy a potluck lunch. Bring a dish to share. Soft drinks provided. Pre-registration required by September 12.

FREE

F 12-1 pm Sep 19

BBQ & Bingo

Enjoy a pulled pork sandwich with sides and a few games of Bingo for prizes.

\$8

M 11:30 am-1 pm Oct 27



Casinos

We'll head to a new casino each month to see who the big winner of the day will be!

AGES: 21 and older

Mondays - 9:30 am-2 pm

DATE	CASINO/LOCATION	FEE
September 8	HOLLYWOOD, AURORA	\$13
October 13	HARRAH'S, JOLIET	\$13
November 10	RIVER'S, DES PLAINES	\$13
December 8	HOLLYWOOD, AURORA	\$13

Trips Around Town and Special Events

We'll head to many fun and fascinating destinations as you sit back and enjoy the ride. Fees include transportation and admission fees, unless indicated otherwise.

All trips depart and return to the VILLA PARK RECREATION CENTER, 320 E. Wildwood Ave. All Trips are Ages 18 and Older

East Troy Railway Experience NEW

All aboard for a beautiful train ride and a delicious lunch! We will begin our trip at the East Troy Wisconsin Depot, where you can visit the museum and gift shop before boarding the train. A delicious lunch will be served on board as we enjoy the views. Lunch includes salad, roasted beef tips, smashed potatoes and dinner rolls with butter. Dessert will be chocolate cake. Coffee and tea are included in your meal. A cash bar will be available. Fee includes coach bus transportation with a restroom, train ride and lunch.

Registration Deadline: September 2.

\$175

Th 9 am-5:30 pm Sep 25





Trips Around Town and Special Events

We'll head to many fun and fascinating destinations as you sit back and enjoy the ride. Fees include transportation and admission fees, unless indicated otherwise.

**All trips depart and return to the VILLA PARK RECREATION CENTER, 320 E. Wildwood Ave.
All Trips are Ages 18 and Older**

Broken Wagon Bison Ranch **NEW**

You don't have to travel to South Dakota to see the iconic American Bison. At the Broken Wagon Bison Ranch near Hobart, Indiana, board a "Bison Tour Wagon" to see this beautiful 35-acre buffalo farm. Enjoy expert narration from your ranch guide as you venture up close and safely to the herd of about 70 buffalo. Following the tour, we will visit the gift shop and then have lunch at the Industrial Revolution Eatery in nearby Valparaiso. We will enjoy a delicious lunch while dining in this unique atmosphere that pays tribute to the American spirit of innovation. Fee includes coach bus transportation with a restroom, the Bison Ranch experience and lunch.

Registration Deadline: September 29

\$140

W 8 am-4:30 pm Oct 8

Anderson Japanese Gardens, Rockford

Anderson Japanese Gardens is a beautiful, outdoor setting that inspires the mind and energizes the soul. Enjoy a guided tour of the 12-acre landscape of streams, waterfalls, winding pathways and koi-filled ponds. There will be opportunities to rest along the tour. We'll stop for lunch after the tour at a nearby Cracker Barrel. Fee includes transportation, tour and lunch.

\$55

F 8:30 am - 2 pm Oct 10

Grease the Musical **NEW**

You'll love this production of Grease at the Metropolis Performing Arts Center in Arlington Heights! Join bad boy Danny, new girl Sandy and the bubblegum-popping hip-shaking Pink Ladies as they navigate their teen years, frolic with friends and fall in love amidst the backdrop of Rydell High. Grease features an unforgettable soundtrack including hits from both the blockbuster movie and Broadway musical. We will have lunch before the show at Peggy Kinneane's, a unique Irish restaurant where almost every piece of the structure came directly from Ireland. The restaurant is a short walking distance from the theatre. Fee includes coach bus transportation with a restroom, theatre ticket and lunch.

Registration Deadline: October 3

\$135

Su 11 am-5 pm Oct 19

Feed My Starving Children **NEW**

November 4th is National Day of Community Service. We will go to Feed My Starving Children in Schaumburg to make a difference on this trip by hand-packing bags of nutritional food items. Feed My Starving Children is a non-profit organization that strives to reduce the millions of children who die from under-nutrition. We will hand pack bags of nutritious food items that are shipped to children all over the world. Both sitting and standing packing stations are available. After volunteering we'll have lunch at Granite City in Schaumburg. Lunch will include a pick 2-mix and match entree (soup, salad, half sandwich and soup, drink and dessert).

Registration Deadline: October 27.

\$40 Fee includes transportation and lunch.

Tu 8 am-1:30 pm Nov 4

Balmoral Restaurant **NEW** Afternoon Scottish Tea, St. Charles

This lovely tea service includes 16 plus items including cakes, biscuits, shortbread, chocolates, finger sandwiches and other savory items, plus out-of-the-oven Balmoral scones. Your experience will include service on Royal Albert Country Roses fine china, gold-plated cutlery and cut crystal glasses. You'll also receive your own pot of Scottish tea.

\$85

Su 12-3 pm Nov 9

Jacob Henry Mansion **NEW** Christmas Caroling Party

The Caroling Party, Chicago's largest and best caroling group, will entertain you while caroling from their repertoire of over 100 festive musical arrangements. You will have time before lunch and the show for a self-guided tour of the mansion and following the performance you can browse the Sweet and Treat Shops that will be set up in the dining room. Lunch is salad, rolls and cranberry orange chicken with wild rice and steamed vegetables and apple pie a la mode for dessert. Coffee and soft drinks included. Cash bar available. Fee included coach bus transportation with restroom, show and lunch.

\$115

W 9 am-3 pm Dec 3

Holiday Lunch at Gibsons, Oak Brook **NEW**

Dress up in your favorite holiday gear and celebrate the holidays with us at Gibsons Steakhouse where we'll have a special & delicious lunch. Lunch will be filet medallions, chicken milanese, mashed potatoes and asparagus. No pre-selection is needed. After lunch, we will be entertained with a musical holiday show presented by Sweet Reminder, a dynamic duo that entertains audiences with the hits of yesterday. Don't miss this afternoon full of fun and friendship!

Registration Deadline: Friday, December 5.

\$73

F 12:30-3:30 pm Dec 12

Festival of Lights, Harners Bakery Restaurant

We'll continue the holiday tradition of dinner at Harners and a trip through one of the best holiday lights displays in the area at Phillips Park in Aurora. Fee includes transportation, your meal, tax and tip.

\$37

M Dec 15 3-7 pm
W Dec 17 3-7 pm



Program Registration

How to Register

ONLINE REGISTRATION

We welcome you to register for most programs through online registration at CivicRec at invillapark.com/registration.



How to Set up Your Account:

- On desktop computers, select **Log In/Create Account** in the upper left corner then select **Create Your Villa Park, IL Account**.
- On mobile devices, select **Account** in the upper right corner and then select **Sign Up**.
- Fill in the form as completely as possible. All of the fields with an asterisk (*) are mandatory and your account cannot be created without completing these sections. You also need to add one emergency contact to your account. You'll have an opportunity to add family members to your household later.
- To receive text alerts about class cancellations and facility closures, click to opt in next to your cell number.
- Add additional household members (spouse, children, etc.) at any time in your account settings. **Please keep your entire household on one account.**

Verify your Account:

- Click on the CivicRec Link in the email
- Log in using the username and password in the email.
- Hover over your name, click the edit (pencil) icon.
- Enter your desired password, confirm password.

NOTE: Your password must be at least 8 characters long and contain at least 3 of the following: Lower case letters, Upper case letters, Numbers, Special characters (@, #, &...)

That's it!

Now you're ready to register for **VILLA PARK • Parks & Recreation** programs!

NOTE: Preregistration is strongly encouraged for most programs. If you choose not to preregister, you may be turned away at the door if the program has reached its maximum capacity or supplies have been allocated for a fixed number of participants.

DROP-OFF

Complete the registration form located on pages 41-42. Please be certain that this form is completely filled out on both sides, your check is signed and included (if dropping off or mailing). A service fee of \$40 is assessed for any NSF checks.

AFTER HOURS

After hours, you can drop off your registration form in our convenient drop box, adjacent to the main entrance of facility. Please do not leave cash.

NOTE: Any and all dropped off registration forms received after office hours will be processed the next business day. Please call 630-749-3200 with any questions.

FAX TO: 630-834-8528

DROP-OFF AT:

Villa Park Recreation Center
320 E. Wildwood Ave.

PROGRAM CAPACITY

All programs have minimum and maximum enrollments. If the minimum enrollment is not met prior to the program date, **VILLA PARK • Parks & Recreation** may have to cancel, postpone or consolidate the program with another program. If the program is cancelled, a program credit will be issued.

ADDITIONAL INFORMATION

Villa Park residents may register once they receive the program brochure. Registrations will be processed on a first come, first served basis. Non-residents, including participants who reside in unincorporated Villa Park pay an additional \$3 fee per program on most registrations and will be processed on a first come, first served basis. We will contact you if a program is full or if there is an additional situation regarding your choice of program. Program fees will not be pro-rated. If you register after the start of a program, you are required to pay the full program fee. The age groups we have identified for each of our programs are only guidelines. If you or your child(ren) are interested in participating in a program or event, but are not the stated age, please contact us at 630-749-3200.

Your receipt generated at registration is your confirmation. See your receipt for additional program information.

NOTE: Classes and events have a minimum number of required registrations and may be cancelled if the minimum number is not reached by the applicable registration deadline.

EARLY BIRD REGISTRATION

Residents may register three weeks in advance and receive \$3 off the advertised fee on most programs. Credits or refunds will not be issued if the \$3 is not deducted at the time of payment. There are certain programs that are not eligible to receive the Early Bird Discount and they are indicated within the program brochure.

AVOID CANCELLATION

Most classes require a set minimum number of participants.

Register Early!

- Register at least a week prior to the start date to avoid cancellation.
- Registration for most programs closes 3 days prior to the start date.

VILLA PARK PARTY TRAILER

VILLA PARK • Parks & Recreation offers rental of a party trailer for all your party needs. Party trailer rentals are available for residents of incorporated Villa Park and with appropriate permits, can be used for block parties, organization events and residential parties. The Villa Park Party Trailer includes 10 tables, 100 chairs, a 10x10 tent, 2 bean bag game sets, a sound system, traffic barricades, two coolers and drop-off and pickup services.

• **Party Trailer Rental: \$150 / \$100 deposit.**

• **Block Party Trailer Rental: \$50 / \$100 deposit.**

Rental fee and deposit are required at the time of reservation. The deposit is returned the week after the event if there are no damage or missing items. Reservations will be accepted on a first-come, first-served basis.

To access the rental application form, please visit invillapark.com/party-trailer-request. Printed forms must be returned to:

Parks Office
42 W Home Ave.
Villa Park, IL 60106

For more information regarding rental of the party trailer, visit invillapark.com/rentals or contact the Parks Department at 630-834-3051.

Party Trailer rental is a weekend rental, drop-off is on Friday, pick-up is on Monday.



VILLA PARK • Parks & Recreation

Has your contact information changed since your last registration? Yes No

First and Last Name of Primary Contact Person _____ Birthdate _____
(Required)

Address _____

City _____ State _____ Zip Code _____

Primary Phone _____ Cell Phone _____ E-mail Address _____

Emergency Name _____ Phone _____

PARTICIPANT'S FIRST/LAST NAME	BIRTHDATE MM/DD/YYYY	MALE/FEMALE	ACTIVITY NAME	ACTIVITY SESSION DAY/DATES	FEE
					\$
					\$
					\$
					\$
					\$
<input type="checkbox"/> Yes! I would like to make a donation to the VPPR Financial Assistance Fund.				TOTAL DONATION	\$

Non-Resident Fee
\$3/person per program

TOTAL FEES \$

SPECIAL ACCOMMODATIONS

Please describe any special accommodations needed for the enjoyment of this program.

WAIVER AND RELEASE

I have read and agree to all the terms and conditions as stated on the back of this form.

Signature of Participant, Parent or Legal Guardian _____ Date _____

MAIL-IN / DROP OFF

Villa Park Recreation Center
320 E. Wildwood Ave.
Villa Park, IL 60181

PLEASE SEE WAIVER ON THE REVERSE SIDE

Please read the waiver/release of all claims and emergency treatment permission form on the reverse side. This waiver/release must be read and signed by each participating adult 18 years and over and by a parent or legal guardian for each participant under the age of 18.

Participation will be denied if the signature of adult participant or parent/guardian and date are not on this waiver!



Emergency Treatment Permission

Village of Villa Park Recreation Department

WAIVER / RELEASE OF ALL CLAIMS AND EMERGENCY TREATMENT PERMISSION

Please read this form carefully and be aware that by signing this form and participating in the programs listed that you will be waiving and releasing all claims for injuries you or your children might sustain arising out of these programs.

RELEASE AND HOLD HARMLESS AGREEMENT

As a participant in this Villa Park Recreation Department program, I recognize and acknowledge that there are certain risks of injury and I waive and relinquish all claims I or my children may have as a result of participating in this program against the Village of Villa Park and its officials (either elected or appointed), commissioners, officers, agents, employees and volunteers. I further agree to indemnify, hold harmless and defend the Village of Villa Park and its officials (either elected or appointed), commissioners, officers, agents, employees and volunteers from and against any and all claims, suits, or cause of actions, including reasonable attorney's fees, sustained or caused by myself or my children arising out of, in connection with, or in any way associated with the activities of this program.

I give my child permission to participate in this program and on the child's behalf as parent and/or legal guardian I hereby waive, release and forever discharge any and all claims against the Village of Villa Park and its officials (either elected or appointed), commissioners, officers, agents, employees and volunteers for damages and/or injuries which may arise from my child's participation in this program.

EMERGENCY TREATMENT PERMISSION

I understand that a minor may not be treated, even in an emergency situation, except when, in the opinion of the attending physician, life is in the balance. Consent of a parent or legal guardian is necessary for unmarried minors (under 18) except in such cases. Written consent is required for all other treatment.

Accordingly, as a parent and/or legal guardian, I do here- with authorize the treatment of the minor enrolling in this program in the event of a medical emergency, including administration of first aid, as appropriate and further agree that I will be responsible for payment of any and all medical services rendered. I understand that the Village does not provide medical insurance for program participants.

I agree that any person or entity, including any doctor, or healthcare provider, may rely on a photocopy of this document the same as if it were an original.

ACKNOWLEDGMENT

I have read and fully understand the registration policies, the "Release and Hold Harmless Agreement" and the "Emergency Treatment Permission". This release and medical authorization form is completed and signed of my own free will even though I understand it is a requirement for participation this program. I represent to the Village of Villa Park that I am familiar with the program and its physical demands and I attest and verify that the participant, whether myself or my child is physically fit for this program.

PHOTO CONSENT

I understand and give my consent for me/my child to be photographed while participating in a Village of Villa Park program or event. I understand that these photos may be used in printed material, electronically, on social media, as well as on the Park and Recreation web site for publicity purposes

This waiver must be signed by all participating adults 18 years old and over and by a parent or guardian for each participant under age 18. If registering a minor participant, I further attest that I have read these instructions to my minor child/ward.



AVAILABLE NOW!
FALL 2025

NEDSRA is a proud service of the **Village of Villa Park**. Through our partnership, individuals with a disability are offered over 600 recreational opportunities each year. If you or someone you know has a disability contact NEDSRA today! All ages and ability levels are welcomed!



- SPECIAL OLYMPICS
- SOCIAL CLUBS
- FITNESS PROGRAMS
- SENSORY PROGRAMS
- PROGRAMS FOR VETERANS



- OVERNIGHT TRIPS
- CAMPS
- ADULT DAY PROGRAM
- COMMUNITY EVENTS & MUCH MORE!

1770 W. Centennial Place
Addison, IL 60101

FOLLOW US!

630.620.4500
nedsra.org

THANK YOU VILLA PARK VOLUNTEERS

People who make a difference

SUMMER BASKETBALL

Justin Allegretti	Jeff Logan
Jacque Bialik	Ariston Moss
Edwin Castaneda	Mike Palomo
Gabriel Cruz	Marc Patino
Fasee Ejaz	Roger Payton
TJ Ellempally	Justin Persin
Martin Gamboa	Brad Schafer
Bob Hauser	Jack Schoebelen
Adam Hernandez	Victor Schulist
Yasmine Hernandez	Rick Tarsitano
Eric Ivery	Jason Trout
Dan Krygowski	

SPRING SOCCER

Marc Bregman	Nate McPherson
Kara Bruschuk	Melinda Meyer
Heather Callan	Justin Murphy
Greg Cozzi	Roger Payton
John Dorhauer	Melissa Ruggirello
Tommy Garbacz	Adam Ryan
Brianna Griffin	Rodney Sinio
Scott Hager	Rick Tarsitano
Bob Hauser	Valerie Todd
Tamanna Islam	Martijn Van Oort
Jeff Logan	Joseph Walsh
Warren San Luis	Tony Wilder
Andrew Mattson	

This past year volunteers contributed 3000 hours to various programs and events, enhanced the quality of those programs and made it possible for them to be offered. A big thank you to these recent volunteers.



Rainout Line

Live Updates for VILLA PARK • Parks & Recreation

BE IN THE KNOW! DOWNLOAD THE APP TODAY!

Call for Status Updates
(630) 934-0367

SIGN UP FOR
EMAIL & TEXT ALERTS!



Search "Villa Park"
on RainoutLine.com

Search for a Status



RainoutLine.com

It's not just for when it rains!

This communication tool provides real-time field condition updates, program cancellations due to emergencies and inclement weather, as well as program related brief text / email messages with easy to read vital information.

There are three ways to access the Rainout Line. You may call 630-934-0367 and select which program area that you are inquiring about; you will then hear a robo-message. You may sign up to receive text and email messages. The third option, which is most favorable, is to download the app (Google Play or the App Store) and follow the on-screen instructions on your device. It is that simple. Keep in mind, that all three options are available. You don't have to pick just one.

Should you have questions, please call 630-749-3200.



15th Annual Halloween

HAPPENINGS

FRIDAY - OCT. 17 - 5-7 PM

★ VILLA PARK RECREATION CENTER ★



NO EARLY BIRD REGISTRATION

FREE OUTSIDE ONLY

ALL AGES

Ghosts and Goblins of all ages are invited to come in costume to Trick-or-Treat outdoors at "Spooktacular" Halloween scenes created by local merchants and organizations starting at 5 pm.

Then join us inside at 6 pm for a family entertainment show. All registered participants will have the chance to win a grand prize for individual pool passes for the 2026 season! This event is sponsored in part by the Villa Park Lions Club. Registration is not necessary to trick-or-treat outdoors.

\$5 per person

Children under 2 are FREE but must still pre-register

This event is held rain or shine.

Halloween Happenings Wants You!

Area merchants, scout groups, clubs, organizations etc. are invited to join us for this fun, family event.

Just think of all the exposure you will get and happiness you will provide for the little ghosts and goblins. Your outdoor scene does not have to be elaborate, just make it FUN! You provide the creativity, treats and a tent if you wish. We will provide a table, chairs and electricity. This event is held rain or shine.

Register online and complete registration questions.

The registration deadline to reserve your space is October 10.

VILLA PARK RECREATION CENTER

F 5-7 pm Oct 17

\$20 PER SCENE

NO EARLY BIRD REGISTRATION



It's sure to be a "Spooktacular" night with your involvement.

Vendors: Please note that electricity is not provided.



Scarecrow Decorating Contest

ALL AGES

Thursday, October 23



Join your neighbors for this fun community challenge and build your own scarecrow. Make yours scary, silly or serious, this is your chance to express yourself.

The contest is open to everyone, but you must register to compete. Pick up your scarecrow starter kit to jumpstart your creativity. Display your scarecrow by October 23. Judging will take place October 23-29. The winner will be announced by October 31 and will be featured on our Fall 2026 brochure cover. You may pick up your scarecrow starter kit at the Villa Park Recreation Center any time after 10/13.

\$15

VILLA PARK RECREATION CENTER

CO-SPONSORED BY: Villa Park Ace Hardware

The following Event is offered by Ceramics @Nadine

NEW

Ornament Painting Party



Friday, December 12 | 6-7 pm

A delightful selection of ornaments will be available for participants to choose from, including gingerbread houses, trees, candy canes and much more! This event is designed for all ages, allowing families to come together, paint and enjoy quality time.

You will receive an email two weeks after the program when your finished ceramics masterpiece is ready to pick up!

ALL AGES

\$15/PER PERSON

VILLA PARK RECREATION CENTER



FREE

AGES 3-8

Phone Calls from Santa



Tuesday, December 16 at 5 pm

'Tis the season to be jolly! Santa is ready to hear your child's Christmas Wishes.

Register online or pick up a form at the Villa Park Recreation Center after November 28 and return it prior to December 9. If registering for both Phone Calls from Santa and Letters from Santa, please keep information consistent.



Letters from Santa



November 1 - December 5

Imagine the joy when your child receives a personalized letter from Santa. Just complete a form, available November 1 at the Villa Park Recreation Center or online on the recreation homepage at in villapark.com. Santa's letters will be mailed mid-December. If registering for both Phone Calls from Santa and Letters from Santa, please keep information consistent.

\$3 PER LETTER RESIDENT/\$4 NON-RESIDENT

Holiday Train Ride



Join us for this exciting trip! We will ride the train in our PJs (if you wish) to the North Pole (Elburn Train Station). There will be on-board activities highlighted by a visit from Santa, so don't forget your camera! Please note that the train departs on the south side of the tracks.

Preregistration is required. An adult must accompany all children.

Registration deadline 11/15.

AGES: All Ages

\$30 PER PERSON (CHILDREN UNDER AGE 1 ARE FREE)

VILLA PARK TRAIN STATION (ARDMORE AVE)

Visit from Santa



Saturday, December 13 | 10 am - noon

Tell Santa what you want for Christmas when he visits you in person. Santa will be on a busy schedule and will only be able to stay for a few minutes—just long enough to hear your wish list and pose for a quick picture. Santa's visit is only for those on the nice list so he cannot visit during parties. Each registered child will receive a special gift. Please make sure you are available while the sleigh flies around Villa Park between 10-noon and be sure to shovel the walk and porch—Santa does not usually go in through the front door! Santa visits are available only to Villa Park residents.

AGES: 10 and under

\$20

Pictures with Santa Paws



Wednesday, December 10

4:30-5:30 pm



Bring your fur baby for a picture-perfect moment with Santa Paws.

Each pet will get to meet Santa and take a picture with him. Santa will have a special treat for all those pets on the nice list. Participants must sign up for a time slot at registration.

\$10

THE DEPOT AT CORESTI VETERANS PARK

Candy Cane Hunt

NEW



Friday, December 19

3:30-4:30 pm

Come out for a fun afternoon hunting for candy canes hidden outside the Villa Park Recreation Center, then head indoors for cookies and hot cocoa and a quick visit with Santa.

AGES: 3-8

\$10

VILLA PARK • Parks & Recreation
HIGHLIGHTS

SEPTEMBER

- 8 Preschool begins for 4 Year Olds & 2 ½ Year Olds
- 9 Preschool begins for 3 Year Olds

OCTOBER

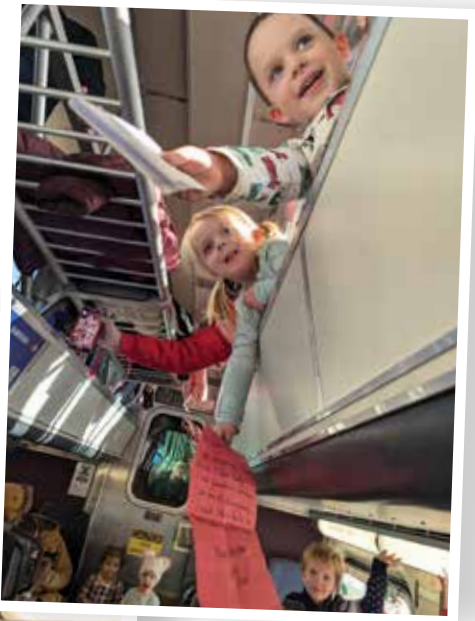
- 4 Villa Park Annual Brewfest
- 12 Preschool Prep 2-Year-Old program begins.
- 13 Scarecrow Starter Kit Ready for Pick Up.
- 15 Last day for Conquer The Court early bird registration.
- 17 Halloween Happenings
- 23 Scarecrow Decorating Contest Judging

NOVEMBER

- 1 Letters from Santa Begin
- 7 Creative Writing Club session begins
(see page 21 for more info!)
- 11 Senior National Days: National Sundae Day
- 15 Open House for Conquer the Court Basketball League
- 24-26 Youth Fall Camp

DECEMBER

- 4 Pictures with Santa Paws
- 16 Phone Call from Santa
- 13 Visit from Santa
- TBD Holiday Train Ride
- 19 Candy Cane Hunt
- 22-Jan 2 Winter Camp



Fall/Winter 2025